Edited version of **“Varieties of Natural Cheese from Betty Crocker”**

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| **Note: Cream cheese is not a creditable component** (not enough protein); can only be an “extra” |
| **Texture** | **Flavor** | **Use** |
| ***Very Hard*** |  |  |
| Asiago | Sharp, slightly fruity | Cooking, seasoning |
| Parmesan | Sharp, salty | Cooking, pasta, salad, seasoning |
| Romano | Sharp, piquant, salty | Cooking, pasta, seasoning |
| ***Hard*** |  |  |
| Cheddar | Rich, nutty, from mild to very sharp | Cooking, dessert, with fruit |
| Cheshire | Tangy, salty | Cooking, with fruit |
| Edam, Gouda | Milky and nutty to sharp and salty | Appetizer, dessert |
| Swiss | Mild to sharp, very fruity | Appetizer, cooking, dessert, sandwich |
| ***Semisoft*** |  |  |
| Blue | Rich, robust, salty with a lingering tanginess | Appetizer, dessert, salad |
| Brick | From mild and sweet to savory with a spicy tang | Appetizer, sandwich |
| Colby | Mild and milky | Cooking, sandwich |
| Curds | Mild and milky, rubbery | Cooking, salad |
| Feta | Sharp, salty | Cooking, salad |
| Fontina | Delicate, nutty with a hint of honey | Appetizer, cooking |
| Gorgonzola | Earthy, rich, spicy | Dessert, salad |
| Havarti | Creamy, mild, smooth | Appetizer, cooking |
| Monterey Jack | Mild to mellow | Appetizer, cooking, sandwich |
| Mozzarella, string | Delicate, vaguely sweet and stringy | Appetizer, cooking, pizza |
| Muenster | Mild to sharp, can be tangy, spicy | Appetizer, dessert, sandwich |
| Port du Salut | Nutty almost meaty | Appetizer, dessert, sandwich |
| Provolone | Creamy, firm, slightly smoky | Cooking, sandwich |
| Taleggio | Full-bodied creamy with a hint of asparagus | Appetizer, cooking |
| ***Soft*** |  |  |
| Boursin | Mild, rich, often seasoned with herbs or pepper | Appetizer |
| Brie | Mild, creamy, slight flavor of mushrooms | Appetizer, dessert |
| Bucheron | Mild, fresh, tangy | Cooking, dessert |
| Camembert | Creamy, slightly tangy, earthy | Appetizer, dessert, sandwich |
| Cottage, dry or creamed | Very bland, sometimes flavored | Cooking, salad |
| Farmer | Mild, fresh with a faintly sour tinge | Appetizer, dessert |
| Liederkranz | Full-flavored, pungent, almost honey-like consistency | Appetizer, dessert |
| Montrachet | Creamy, fresh, mildly tangy | Appetizer, cooking |
| Ricotta | Bland, slightly sweet | Cooking, dessert, pasta |