

Title of Food Activity or Name of Recipe:	Explore A Whole Pineapple and the process of getting to the yummy middle LL50 What Do I See?
Description:	Let children touch, hold, smell, and see all the parts of the whole pineapple. Adults use descriptive words along with the children to expand vocabulary as they explore the pineapple. Children get to watch the pineapple be cut in half and expose the yummy inside. Children are given a wedge of pineapple on the rind to explore the taste, texture and smell of the pineapple. Adults open a can of pineapple and give a couple of pieces to each child. Teachers guide children in comparing the fresh and canned pineapple. Are they the same color? Texture? Do they taste the same? Teachers can help children create a T-graph to document their findings.
Materials:	Pineapple, knife, cutting board, paper plates, can of pineapple.
Ingredients:	Pineapple, can of pineapple
Brief summary of cultural or tactile connection (include relevant GOLD objectives)	Gold Objectives: 8a, 2a, 2c, 9b, 10a, 11c We used food as a way to encourage a rich experience of the senses. Food is a way to use 5 of the senses at once. Staff ask higher functioning questions to promote deeper thinking and ask children to compare/contrast different types of pineapple.
Outcome or Results:	
Future Considerations:	

Use the Outcomes or Results and Future Considerations sections to record your experiences and thoughts.