 **March Home Activity Calendar**

**Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| Roll a ball back and forth with your baby; if needed use a boppy seat.  Obj. 1b, 2a | Use self-talk to describe what you are doing during daily routines (ex. bathing your child, cooking dinner, cleaning the house).  Obj. 2a, 8a, | Record your baby’s babbling voice (use your phone’s voicemail, or some other device) and then play it back to them. This helps them understand they are a separate person and gives you an audio scrapbook.  Obj. 8a, 9, 10 | Make a snake bubble. Cut a water bottle in half and place an old sock over the large opening. Dip the large end into the bubble mixture and blow through the small opening.  Obj. 2a, 7a, 11 | Make silly faces into the mirror and talk about what you see.  Obj. 2a, 11, 29 | Place a small toy in an adult size sock. Show him/her how to pull the toy out. They'll start to look for the missing toy on their own.  Obj. 3b, 5, 6 | Encourage your child to wave good-bye. It practices motor and social skills.  Obj. 1b, 2 |
| Play clapping and hand games such as peek-a-boo and pat-a-cake.  Obj. 1a, 2, 3a | Roll some objects through a cardboard tube. Your baby will be fascinated as the objects disappear and then suddenly reappear.  Obj. 2a, 5, 6 | Expand storytime. When reading to your baby, talk about what’s on the page. Such as the various colors and shapes.  Obj. 2, 8a, 9a | Animal Movement- Move how different animals would move. For example, swim like a fish, hop like a frog, stomp like an elephant, stand like a flamingo.  Obj. 2a, 4, 5 | Babies start laughing at their own behavior. Such as, dropping a toy over and over, shrieking or making faces. Laugh with them to teach them how they can entertain others.  Obj. 1a, 2, 9a | Using your baby’s toy to act out a familiar nursery rhyme.  Obj. 2a, 8a, 10b | Dance with your baby.  Obj. 34, 35, 36 |
| Cross your legs and allow your child to ride on your legs, as you raise them up and down.  Obj. 2a, 4, 5 | Fill several small ziplock bags with material scraps to make bean bags. Practice tossing the bean bags to each other or into a container.  Obj. 1, 2, 4 | Arrange to spend some time today with other babies. Even if he can’t play with them, your child is fascinated with other people his size.  Obj. 2, 3a, 11 | The next time you talk on the phone to someone your baby knows well, put the phone to his ear so he can hear that familiar voice. See if he babbles a reply.  Obj. 1, 2c, 8a | Help your baby develop social relations by playing a simple game, of them handing you toys and hearing you say “thank you” again and again.  Obj. 1b, 2, 10 | Put a spoonful of cool, wet, cooked pasta on your baby’s highchair tray. They will enjoy trying to pick it apart and squish the noodle.  Obj. 1a, 7a, 11 | Go on a walk as a family. Talk about the different things you see.  Obj. 11, 25, 32 |
| Show your child family photos and talk about the images.  Obj. 2, 9, 12 | Pour a shallow amount of water in a pan and let your baby splash around. Add small plastic cups or toys for a fun supervised activity.  Obj. 1c, 5, 6 | While you are unpacking groceries, allow your child to explore different produce and help you put things away.  Obj. 7, 12a, 12b | Use scarves to help your child practice catching. Throw the scarf into the air and have your child catch it as it floats toward the ground.  Obj. 5, 11, 24 | Let your baby hop up and down with support. His legs will get stronger with each takeoff and landing.  Obj. 1, 2a, 4 | Have your child experiment with canyons and paper. From making marks and squiggles to writing and drawing.  Obj. 7b, 11, 14a | When doing laundry, have your child help put clothes in a basket.  Obj. 1, 6, 8 |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |