 **January Home Activity Calendar**

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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | | | |
| Sing: “One, two, buckle my shoe. Three, four, shut the door. Five, six, pickup sticks. Seven, eight, lay them straight. Nine, ten, do it again!”  Obj. 2a, 9a, 15a | Allow your child to ride on your legs as you raise them up and down.  Obj. 2a, 5, 10b | Encourage your child to wave good-bye. It practices motor and social skills.  Obj.1b, 2c, 10b | Help your child bounce a large ball with both hands bouncing it on the floor.  Obj. 2a, 6, 26 | Blow kisses and encourage your child to imitate your actions.  Obj. 2a-b, 8b, 10b | Tell your child a story without using a book.  Obj. 2a, 8a, 9a | Add a variety of floating objects like empty plastic bottles to your child’s bath. Describe objects as he reaches and catches them.  Obj. 7a, 11d, 12a-b |
| With your child watching hide a toy and encourage them to find it. (Ex. behind your back or under a blanket)  Obj. 2a, 11a-d, 12a-b | Practice counting with your child. (ex., Count the number of stairs climbed etc.)  Obj.13, 20a, 20c | Take a paper towel tube and show your child how to talk through it. Let him/her take a turn making funny noises.  Obj. 2a, 12b, 28 | Let your child fill their own bag with toys or books.  Name the items as they drop them into the bag  Obj. 7a, 11a, 26 | Use a spray bottle to spray your child with a fine mist of water on their tummy or back in the bath.  Obj. 2a-b, 5, 26 | Fill several small bags with material scraps to make bean bags. Toss the bean bags into a container.  Obj. 1b, 2a, 4, 6 | Take some large spoons and spatulas for your child to wave and bang on a pot.  Obj. 7a, 12b, 28 |
| Snow ball catch- One person throws snowballs (you can use paper wads for inside) while the other tries to catch them or toss in a container.  Obj. 2c, 6, 11a-c | Hold your child in your arms as you stand in front of a mirror and ask, “Who’s that?”  Obj. 2b, 29, 30 | Play clapping and hand games such as peek-a-boo and pat-a-cake.  Obj. 2a, 2c, 10a | Name body parts as you change your child’s diaper.  Obj. 2a, 8a, 29 | Use measuring cups to show your child how to stack them inside of one another.  Obj. 8b, 11a-c, 21a | Let your child gaze at himself in the mirror for a while and make different faces.  Obj. 1a, 2a-c, 10a-b | Cut a cereal box into 4 pieces. Have your child put it together like a puzzle.  Obj. 7a, 11a-c, 12a-b |
| Story time- Snuggle up and read or tell your child a story.  Obj. 2a, 9a-b, 18a | Expand your child’s vocabulary by extending what they say. If your child says “more” than you could say “more milk, please?”  Obj. 3a, 9a, 10a | Using a straw, blow bubbles in a glass of water. The motion will catch your child’s attention.  Obj. 2a, 11d, 26 | Tie scarves or bandanas together and place them in a container. Leave a small piece of the material out for your child to pull.  Obj. 6, 11a, 11d, 12b | Color two paper plate’s different colors and cut them in half. Help your child match each half with the matching color.  Obj. 7a, 11c, 12a-b | Sit with your child’s back against you. Gently rock as you sing “Row, Row, Row your Boat”  Obj. 2a, 5, 8a | Sing or play your child’s favorite song. Dance with them to the song.  Obj. 2a-c, 4, 5 |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with Adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b.Solves social problems b. Engages in socio dramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read a louds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |