 **February Home Activity Calendar**

**Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Create an obstacle course for your child to crawl through.  Obj. 1,4,11 | Enjoy some quiet time with your child. Sit in your living room or lay on the bed.  Obj.1, 2a, 11a | Talk to your child about ongoing events and past experiences.  Obj. 1, 2a, 8 | Blow bubbles for your baby and encourage her to reach out and pop the bubbles.  Obj. 2a, 4, 5, 6 | Recycle cereal boxes by stack and building with them.  Obj. 5, 6, 7, 11 | Dance with your child. They’ll learn about rhythm and self-expression.  Obj.1a, 2b, 5 | Play finger games; such as one little finger or open and shut together  Obj. 11, 12 |
| Put some fruit loops on a plate and talk about the different colors.  Obj. 11, 13, 7 | Cut a hole in the lid or side of a box then show your baby how to stuff toys through the hole.  Obj. 7a, 12, 21 | Make music with your child using everyday household items; bang on a pot, or a table, and sing songs.  Obj. 2a, 3b, 5, 11 | Put your child in front of a mirror and allow them to play. Talk about what they see.  Obj. 1, 2, 12, | Fill a dishpan with water and throw in a plastic cup or strainer. Let your child play in the water.  Obj. 1c, 2a, 6 | Encourage your child to sing. They may just gurgle or shout but it’s really language he’s learning about.  Obj. 8, 9, 11b | When cooking, give your child a bowl and spoon so they can “help”.  Obj. 2, 6, 7 |
| Once your child has a toy in each hand, see what he/she does when you offer him/her a third toy. Will she grab it with her hands full or drop everything?  Obj. 3a, 5, 12 | Try a new version of peek-a-boo. Next time you change diapers, instead of hiding your face, place a clean diaper on your baby’s face. When he reaches out to pull it off, help him remove it and say “Peek-a-boo!”  Obj. 2, 8a, 10b | Babies learn signs before they speak. Teach the sign for “drink”: curl your hand as if you are holding a cup and bring it to your lips. Make this motion every time you give your baby a drink. Soon he/she will do it when they are thirsty.  Obj. 7a, 8, 11 | Once your child can sit up on their own, give your baby a plastic jar, with an extra-wide mouth, and some small age-appropriate toys. Show them how to put toys into the jar and remove them to teach him about spatial relations.  Obj. 3, 5, 6 | Stand in front of your child and hold a small toy behind your back. Bring it out and show it to him. Use your left hand first, then your right hand and then your left again. Does he anticipate which hand is next?.  Obj. 1b, 3b, 5 | Children learn that kissing is a sign of affection and start kissing back around 8 months. Encourage your baby by asking “Who wants a kiss?” Then make an exaggerated sound as you plant a kiss on her cheek.  Obj.1a, 2, 12 | Teach the concept of size by holding your hands wide then together as you say this simple rhyme with your child: Big fish, little dish. Big log, little dog  Obj.15a, 13, 22 |
| Allow your child to pick out their clothes for the day. Talk about the colors and textures of the clothes they choose/reach for.  Obj. 1, 2, 4 | Place several empty containers and lids in front of your child. Have your child practice opening and closing the jars and matching lids to containers.  Obj. 8b, 11b, 12b | Draw together. Let your child mark a piece of paper with a crayon or chalk. If he/she can’t yet, hold her hand gently in yours and guide it on the paper.  Obj. 2a, 7, 19 | Watch videos of different animals and talk about the different animals you see (their colors, sizes, movements)  Obj. 2b, 5, 6 | Help your child bounce a large ball by helping her hold it with both hands and bouncing it on the floor.  Obj. 2a, 5, 6 | Let your child play with the laundry basket. It makes a perfect fort, playpen, doll crib, or he/she can throw toys in it and push it around.  Obj. 4, 5, 6 | Wash out a pop/water bottle and fill it with rice. Glue the lid shut and allow your child to explore the bottle.  Obj. 6, 7, 11 |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |