

Due to Early Head Start and the Department of Health and Human Services each child is required to have up-to-date well child checks before entering the program and must stay up-to-date while they attend the program.

While at a Well Child Check a medical professional may:

* record height and weight
* draw blood for hemoglobin (iron) and lead tests
* screen vision and hearing

Immunizations **must** be up to date throughout the program.

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| **Infants 2-3 months need**: | **Toddlers 16-18 months needs**: |
| * 1 DTaP
 | * 1 DTaP
 |
| * 1 Pneumococcal Conjugate
 | * 2 Pneumococcal Conjugate
 |
| * 1 Hib
 | * 1 Hib
 |
| * 1 Polio
 | * 1 polio (if not done between 6 and 15 months)
 |
| * 1 Hepatitis B
 | * 1 MMR
 |
| **Infants 4-5 months need**: | * 1 Hepatitis B (if not done between 4-15 months)
 |
| * 2 DTaP
 | * 1 Varicella
 |
| * 2 Pneumococcal Conjugate
 | **Children ages 19 months- 4years need:** |
| * 1 Hib
 | * 2 DTaP
 |
| * 1 Polio
 | * 2 Pneumococcal Conjugate
 |
| * 1 Hepatitis B
 | * 1 Hib (if not done at 15-18 months)
 |
| **Infants 6-15 months need**:  | * 2 Polio
 |
| * 2 DTaP
 | * 1 MMR (if not done at 15-18 months)
 |
| * 3 Pneumococcal Conjugate
 | * 2 Hepatitis B
 |
| * 1 Hib
 | * 1 Varicella (if not done at 12-18 months)
 |
| * 1 Polio
 |  |
| * 1 Hepatitis B
 |  |

Letting your child know what may take place during a visit to the pediatrician’s office could help ease fears. Some ideas about how to prepare your child include:



* Make up silly songs: “This is how the nurse weighs you..."
* If you have a scale and a tape measure, you can weigh and measure your child, and they can weigh and measure dolls or stuffed animals
* Encourage your child to play doctor with dolls or stuffed animals



Your library might have some fun books:

* I’m Getting a Checkup by Marilyn Singer
* ABC Doctor by Liz Murphy
* Doctor Ted by Andrea Beaty and Pascal Lemaitre
* My Doctor and Me ABC by Stephanie Cox
* Doctor Maisy by Lucy Cousins

This appointment may take over an hour, so try to find childcare for your other children.

A parent or guardian must go with the child.