# December Home Activity Calendar

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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |  |  |
| **Practice turning pages in a book.**  **Obj. 17b, 18a** | **Paper towel roll trumpet- Talk, blow, hum or sing into the paper towel roll. Take turns with your child making funny noises,**  **Obj. 8a, 28, 34** | **Play clapping hand games such as peek-a-boo and pat-a-cake.**  **Obj. 2a, 2c** | **Have pretend phone conversations with your child; by talking on a toy or an old cordless phone.**  **Obj. 8a, 10a, 14a&b** | **Encourage your child to wave good-bye. It practices motor and social skills.**  **Obj. 2a&c, 10b** | **Car Races- Make ramps out of cardboard and roll toy cars down it.**  **Obj. 11, a, b, & d** | **While in the tub, provide scoops and cups for your baby to play with.**  **Obj. 7a, 24, 26** |
| **Sensory Play- Using jello, place cubes or spoonfuls onto your child’s highchair tray. Watch as your artist rolls, squishes and smears the jiggly stuff.**  **Obj. 11a, b&d,** | **Scarf Pull- Stuff a lightweight scarf into a paper towel tube then – voila! – Show your baby how to pull it out. Put it back in and let your child tug it out by themself.**  **Obj. 7a, 11d, 12b** | **Hold your baby securely under his arms with his face looking away from you. Then set his feet on top of yours and walk slowly with small steps. He’ll be thrilled to experience walking.**  **Obj. 2a, 4, 5,** | **Give your baby a variety of sponges and body scrubbers to play with in the tub or basin of water. Squeezing them will stimulate his\her sense of touch and strengthen his\her small hands.**  **Obj. 7a, 12a & b** | **While at the grocery store, give your baby a box of macaroni or bag of cotton balls to shake, squeeze and examine. These items will keep her\him happily occupied while you shop.**  **Obj. 1a, 1c,3a** | **Object Find- Hide an object that makes a constant noise where your child can find it. As your child searches he\she will be practicing her\his auditory tracking skills.**  **Obj. 4, 5, 11a** | **Ball Drop- Take turns dropping a ball into a pot or bowl of water. It will teach him to aim and let go; while having a fun cause and effect.**  **Obj. 6, 24, 27** |
| **Cross your legs. Allowing your child to ride on your legs as you raise them up and down.**  **Obj. 2a&b, 5, 6** | **Ask your child “Who’s that in the mirror?” or “Where is that baby’s nose?” Encourage him to touch his nose or the mirrored nose.**  **Obj. 11e, 29** | **Have your baby imitate your behavior by playing “Here’s a kiss for teddy bear!” and “Here’s a kiss for baby!”**  **Obj. 2a, b, 8a&b** | **Put a few lines of masking tape on the floor, for your child to jump/hop over. Count or sing a song as they jump.**  **Obj. 4, 5, 21a** | **Paint Snow- Using squirt bottles, spray bottles or eye droppers, paint the snow with colored water**  **Obj. 7a, 11a, b&d** | **Encourage your baby to sing. He may just gurgle or shout but it’s really language he\she is learning about.**  **Obj. 9a&b, 15a&c,** | **Encourage your baby to stack blocks or stacking rings and then take it apart. If you baby can’t yet. Show them.**  **Obj. 5, 11c&d** |
| **Hold your baby braced against your chest. Slowly chant “1..2..3..jump!” and finish with a sudden hop. Repeat, speeding up and slowing down.**  **Obj. 2a, 12b, 23** | **Animal Movements- Imitate movements of animals. Hop like a frog, stomp like an elephant, ect.**  **Obj. 4, 5, 14 a&b** | **Sound Experiment- Swirl 1-2 cups of water in a metal bowl while you or your baby strikes it with a metal spoon. The water will extend the tone of the bang.**  **Obj. 12b, 26, 34** | **Stand behind your baby while she’s playing on the floor. Call out “Where’s Mommy?” then wait for her to turn around and locate you. Repeat from a different location.**  **Obj. 2a&b, 30, 32** | **“Airplane Ride”- Hold your baby beneath his tummy with his face looking downward. Gently move him up and down.**  **Obj. 2a, 12b, 29** | **Ribbon Dancing- Tape crate paper to a paint stick and wave the ribbon as they dance to music.**  **Obj. 4, 5, 6, 35** | **Play Catch- Throw a big soft ball back and forth.**  **Obj. 7a, 2a** |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |