 **April Home Activity Calendar**

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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |  |  |
| **Cross your legs and allow your child to ride on your legs as you raise them up and down.**  **Obj. 2a-b, 11d** | **Satisfy his curiosity. Fill up a box or low drawer with items he can safely explore whenever he wants.**  **Obj. 7a, 11a-b, 11d** | **Let your baby feel the power of what he can do. Let him turn the lights on and off.**  **Obj. 11d, 24, 26** | **Establish and practice consistent routines in your home.**  **Obj. 1a-c, 3a-b** | **Blow kisses to your baby and encourage her to imitate your actions.**  **Obj. 2a-b, 8b, 10b** | **Encourage your baby to sing along with you. He may just gurgle or shout, but that’s okay!**  **Obj. 9a, 15a, 15c,34** | **Label and talk about the emotions your child may experience in a day.**  **Obj.1b, 3b, 8a** |
| **Dance with your baby. He may rock or sway but he’ll learn about rhythm and self-expression.**  **Obj.1a, 34, 35** | **Practice counting with your child. Count the steps to your destination, the number of stairs climbed, etc.**  **Obj. 8a, 20a-c** | **Let your baby practice pouring with sippy cups and plastic bottles while he is in the tub.**  **Obj. 11d, 24, 26** | **Roll a ball or car to your baby. He can stop it with his hands, which helps him get more coordinated and ready to play with a friend.**  **Obj. 5, 21a, 24, 26** | **Seat your baby on your knees facing you, and while holding him securely, give him a gentle bouncy ride.**  **Obj. 11a-b, 23, 29** | **Encourage your baby to feed himself by laying out bite-sized morsels of food that you can enjoy together.**  **Obj. 1b-c, 2a, 7a** | **Help your baby learn about basic colors by pointing out examples of colors as you talk to him.**  **Obj. 3a, 14a-b, 30** |
| **Choose an assortment of containers (food boxes, plastic containers) and let your baby have fun stacking them, pushing over and hitting them together.**  **Obj. 11a-b,11d** | **Once your baby learns the purpose of using a cup; demonstrate how to give his teddy bear or toy an occasional “sip” of water and let him copy you.**  **Obj. 3a, 8b,11d** | **Lie on your back, with your knees bent and feet flat on the floor, lay your baby on your shins facing you. Holding him snugly while you curl your knees toward your nose.**  **Obj. 2b, 5, 11a** | **Lavish your baby with kisses. Try an Eskimo kiss (rubbing noses), a butterfly kiss (fluttering your eyelashes against his cheek) and an angel kiss (lightly kissing his eyelids).**  **Obj. 2a-b, 30, 31** | **As your baby learns to sort objects try having a yellow day: point out all the yellow objects you see. Later try green, orange or blue days!**  **Obj. 13, 26, 27** | **Set a metal cookie sheet in front of your baby. Then give him some hard objects like wooden blocks and help him drop the objects onto the sheet.**  **Obj. 11a-b, 24, 26** | **Play peek-a-boo by putting a scarf over your head and encourage your child to pull the fabric. When you can see them say peek-a-boo.**  **Obj. 2a, 7a, 11a-d** |
| **Draw together. Let your baby draw lines with a crayon or chalk. If she can’t yet, hold her hand gently in yours and guide it on the paper.**  **Obj. 2a, 7a-b** | **Make a butterfly- Color a coffee filter with markers and then spray it with water. twist a pipe cleaner around the coffee filter once it is dried.**  **Obj. 2a, 7b, 28** | **While reading stories- before you read the page ask them how the character might be feeling or what they think might happen next.**  **Obj. 8a, 14a, 17a** | **When you pull a shirt over your baby’s head, at the moment her face is hidden, ask, “Where’s the baby?” When her face reappears, say “There she is!”**  **Obj. 2a-b, 8b, 30** | **Gently hold your baby’s hands between yours and clap them together while chanting a nursery rhyme like “Patty Cake.”**  **Obj. 15a, 15c, 34** | **Let your baby squash your puffed-out cheeks between two hands. Act surprised each time your baby does it.**  **Obj. 2a-b, 8b, 24** | **Provide a running commentary on your day. This introduces the rhythms of speech and will increase the words in her memory.**  **Obj. 2b, 8a, 11d** |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |