

# Benzie County Resource Directory



CREATED BY:

BENZIE COUNTY HUMAN SERVICES COLLABORATIVE  
6051 FRANKFORT HWY BENZONIA, MI 49616  
BENZIEHSC@GMAIL.COM  
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# Table of Contents

## **Section 1 ~ Page 1-2**

### **Abuse/Neglect**

Benzie-Manistee Dept. of Health & Human Services  
Catholic Charities  
Centra Wellness Network  
Child Abuse Hotline  
Child and Family Services  
Wellspring Lutheran Services  
Michigan Family Violence Helpline  
Michigan Protection and Advocacy Services  
National Domestic Violence Hotline  
Parent Help Line  
Third Level Crisis Center  
Traverse Bay Children's Advocacy Center  
Violence Prevention Program  
Women's Resource Center

### **Substance Abuse**

Al-Anon/Ala-teen  
Alcoholics Anonymous  
Addiction Treatment Services, Inc.  
Benzie Behavioral Health  
Catholic Human Services  
Munson Behavioral Health  
Narcotics Anonymous  
National Substance Abuse Helpline  
Northern Michigan Substance Abuse Services  
Northern Michigan Regional Entity Access Center  
Pine Rest Christian Mental Health Services

## **Section 2 ~ Page 3-4**

### **Advocacy Services & Legal Assistance**

Benzie Area Christian Neighbors  
Justice for our Neighbors  
Grand Traverse Band Victim's Assistance  
Legal Services of Northern Michigan  
Project Unity for Life  
Long Term Care Ombudsman Program  
Third Level Legal Aid Clinic  
Traverse Attorney Referral Service  
Victim's Advocate for Benzie County

### **Courts**

19<sup>th</sup> Judicial Circuit Court, Family Division  
85<sup>th</sup> District Court, Benzie County  
Benzie County Probate Court  
Michigan Department of Corrections

### **Law Enforcement**

Benzie County Sheriff's Office

Frankfort City Police Department  
Michigan State Police

## **Section 3 ~ Page 4-5**

### **Childcare**

Head Start Child Development Programs  
Healthy Futures  
Frankfort/Elberta Elementary School  
Lake Ann Elementary School  
Pine Rest Christian Mental Health Services  
Munson Healthcare Paul Oliver Memorial Hospital  
Stepping Stones Children's Center

### **Early Childhood**

5toOne Neighborhood – Lake Ann  
5toOne Neighborhood - Thompsonville  
Big Brothers Big Sisters of NW MI  
Early Head Start  
Early On  
Munson Healthcare Paul Oliver Memorial Hospital

### **Youth Services**

4-H Youth Programs, MSU Extension  
Munson Healthcare Paul Oliver Memorial Hospital  
Runaway Assistance Program RAPLine  
Third Level Crisis Center

## **Section 4 ~ Page 5-8**

### **Clothing**

Advent Lutheran Church  
Benzie Area Christian Neighbors  
Benzie County Baby Pantry  
ECHO His Love  
Father Fred Foundation  
Fresh Winds Christian Ministries  
Goodwill Industries  
Women's Resource Center

### **Community Meals:**

Fresh Winds Christian Ministries  
Lake Ann United Methodist Church

### **Food**

Advent Lutheran Church  
Benzie Area Christian Neighbors Food Bank  
Benzie County Baby Pantry  
Benzie Food Partners  
Benzie-Leelanau District Health Department - Women, Infants and Children (WIC)

Benzie-Manistee Dept of Health & Human Services  
Benzie Recovery Center  
Commodity Food Programs – Northwest Michigan  
Community Action Agency  
Community Spirit  
ECHO His Love  
Father Fred Foundation  
Food Stamp Hotline  
Fresh Winds Christian Ministries  
Goodwill Inn  
Lake Ann United Methodist Church  
Living Waters Christian Center  
Redeemer Lutheran Church  
Son Life Wesleyan Church

### **Home Furnishings**

ECHO His Love  
Father Fred Foundation  
Habitat for Humanity Restore

### **Utilities**

Benzie Area Christian Neighbors  
Benzie-Manistee Dept. of Health & Human Services  
ECHO His Love  
Father Fred Foundation  
Northwest Michigan Community Action Agency  
Salvation Army – Traverse City  
TrueNorth

## ***Section 5 ~ Page 8-10***

### **Housing/Home Repairs**

Northwest Michigan Supportive Housing  
Father Fred Foundation  
Goodwill Inn  
Habitat for Humanity  
Grand Traverse Band of Ottawa and Chippewa Indians  
Housing Department  
MSHDA Rental Assistance  
North Michigan Alliance for Independent Living  
Northwest Michigan Community Action Agency  
Third Level Crisis Intervention Center  
Traverse City Housing Commission  
Women's Resource Center

### **Low Income Housing**

Aspen Hills  
Bayview North  
Boardman Lake Apts  
Diamond House Apts  
Gateway Village  
Home Stretch  
LeGrande View Apts  
MSHDA Rental Program

Oak Park Apts  
Patterson Crossing  
Trade Winds Apts.  
Traverse City Housing Commission  
USDA Rural Development

### **Shelters/Transitional Housing**

ECHO His Love  
Goodwill Inn  
Host Homes for Homeless Youth  
Third Level Crisis Center/Pete's Place  
Women's Resource Center

### **Other Housing Resources**

Craigslist  
Michigan Foreclosure Prevention  
Michigan Housing Locator  
Northwest Michigan Housing Search  
Salvation Army  
showmetherent.com  
www.GoSection8

## ***Section 6 ~ Page 11-13***

### **Educational & Support Groups**

Alzheimer's Association  
American Diabetes Association  
Arthritis Foundation  
Bay Area Coalition for Independent Living  
Benzie Area Christian Neighbors  
Brain Injury Assoc. of Michigan  
Children and Adults with ADD  
Community Living Center  
Families in Touch Support Group  
Grand Traverse Dyslexia Association  
Healthy Futures  
Lions Club  
Michigan Protection and Advocacy  
Michigan Association for Deaf, Speech & Hearing  
MSU Extension – Benzie County  
Project Read  
Project Unity for Life  
Resolve Through Sharing  
Special Ed Parents Advisory Council  
Telemon Corporation

### **Parenting Skills**

Centra Wellness Network  
ECHO His Love  
Head Start/Early Head Start

## **Nutrition**

MSU Extension

## **Health/Dental Services**

Benzie-Leelanau District Health Dept  
Munson Healthcare Paul Oliver Memorial Hospital  
Northwest Michigan Health Services, Inc  
Traverse Health Clinic

## ***Section 7 ~ Page 13-16***

### **Local Support Services and Assistance**

AIDS Hotline  
Alzheimer's Association  
American Red Cross  
Area Agency on Aging of NW MI  
Autism Society of MI  
Benzie Area Christian Neighbors  
Benzie County Baby Pantry  
Benzie Senior Resources  
Benzie County Housing Assistance  
Benzie Human Services Collaborative  
Benzie-Manistee Dept of Health & Human Services  
Benzie Transportation Authority/Benzie Bus  
Big Brothers/Big Sisters of NW MI  
Catholic Human Services  
Cherryland Electric Caring Program  
Children's Special Health Care Services  
Department on Deaf  
ECHO His Love  
Father Fred Foundation  
Goodwill Industries  
Grand Traverse Band of Ottawa & Chippewa Indians  
Labor Ready  
Le Leche  
March of Dimes  
Michigan Rehabilitation Services  
MiChild Health Ins.  
MSU Extension – Benzie County  
National Suicide Prevention LifeLine  
Northern Healthcare Management  
Northwest Michigan Community Action Agency  
Northwest Michigan Health Services, Inc  
People Prescription Plan  
Physician Referral Service  
Project Connect/Lake Ann United Methodist  
Poison Control for NW MI  
Pregnancy Resources  
Resolve Through Sharing  
Runaway Assistance Program (RAP)  
Salvation Army – Traverse City  
Spinal Bifida Association of America

Long Term Care Ombudsman Program  
Third Level Crisis Center  
Tobacco Cessation  
Traverse Bay Area Tobacco Coalition  
USDA Rural Development Program  
Women, Infants, and Children (WIC)

## ***Section 8 ~ Page 16***

### **Local Schools**

Benzie Central Middle School  
Benzie Central Senior High  
Betsie Valley Elementary School  
Crystal Lake Elementary School  
Frankfort/Elberta Elementary School  
Frankfort/Elberta High School  
Lake Ann Elementary School  
Platte River Elementary School

### **Employment Training**

Michigan Rehabilitation Services  
Michigan Works! Agency  
Unemployment Office

## ***Section 9 ~ Page 16-18***

### **Health/Dental/Mental Health**

AIDS Hotline  
Benzie Senior Resources  
Benzie-Leelanau District Health Department  
Catholic Human Services  
Centra Wellness Network  
Child and Family Services  
Community Health Clinic  
Dental Clinics North  
Munson Healthcare Paul Oliver Memorial Hospital  
Munson Medical Center  
National Suicide Prevention LifeLine  
Northern Michigan Diabetes Initiative  
Northwest Michigan Health Services, Inc  
Planned Parenthood Northern MI  
Shape Up North  
The Maples-Benzie County Medical Care Facility  
Third Level Crisis Intervention Center  
Traverse Health Clinic

## ***Section 10 ~ Page 18-19***

### **Disabilities**

Aging and Disability Resource Collaborative of NW MI  
Area Agency on Aging of NW MI  
Bay Area Coalition for Independent Living  
Brain Injury Association of Michigan  
Children and Adults with ADD

Community Living Center  
Disability Network Northern Michigan  
Diability.gov  
Grand Traverse Dyslexia Association  
Lions Club  
Centra Wellness Network

## ***Section 11 ~ Page 19***

### **Senior Resources and Services**

Aging and Disability Resource Collaborative of NWMU  
Area Agency on Aging of Northwest Michigan  
Assisted Living Facilities  
Benzie Senior Resources  
Benzie County Senior Services Directory  
Benzie-Leelanau District Health Department  
Centra Wellness Network  
Hospice and Palliative Care  
Legal Services of Northern Michigan  
Manistee-Benzie Department of Human Services  
Munson Healthcare Paul Oliver Memorial Hospital  
Munson Medical Center  
Northern Health Care Management  
Northwest Michigan Health Services, Inc.  
Senior Companions  
Senior Helpers of Northern Michigan  
Long Term Care Ombudsman Program  
The Maples-Benzie County Medical Care Facility

## ***Section 12 ~ Page 20-21***

### **Transportation**

Bay Area Transportation Authority (BATA)  
Benzie Transportation Authority (Benzie Bus)

### **Volunteer Opportunities**

American Red Cross  
Benzie Area Christian Neighbors  
Benzie Senior Resources  
Disability Network Northern MI  
ECHO His Love  
Father Fred Foundation  
Goodwill Industries  
Grow Benzie  
Manistee-Benzie Dept. of Health & Human Services  
Munson Healthcare Paul Oliver Memorial Hospital  
Northwest Michigan Community Action Agency  
Salvation Army  
Long Term Care Ombudsman Program  
United Way

Michigan Association for Deaf, Speech and Hearing  
Northern Health Care Management  
Special Ed Parents Advisory Council

## ***Section 13 ~ Page 22***

### **Media Fax Numbers**

WTCM, The Bear,  
T.V. 9 & 10, T.V. 7 & 4,  
Benzie Co. Record-Patriot,  
Traverse City Record Eagle,  
Manistee News Advocate

### **Other Important Numbers**

Benzie County Government  
Benzie County Community Chest  
211

## **Section 1:**

# **Abuse/Neglect & Substance Abuse**

### **Abuse/Neglect**

Benzie-Manistee Dept of Health & Human Services

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330

**Hours:** 8 am – 5pm Monday-Friday

Calls to report abuse or neglect of children and adults can be made 24 hours a day, 365 days a year by calling the centralized intake number: 855-444-3911.

### **Catholic Charities**

806 Hastings St. Suite R  
Traverse City, MI 49686  
Tel: 231-346-5250

Provides foster care and family reunification

### **Central Wellness Network**

6051 Frankfort Hwy. Suite 200  
Benzonia, MI 49616  
Tel: 877-398-2013

Crisis Line: 877-398-2013

Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth outreach, prevention programs, and treatment for victims of sexual abuse.

### **Child Abuse Hotline**

Tel: 855-444-3911

Child Protection Service will investigate any reported cases of child abuse or neglect. Anyone suspecting a child is being abused or neglected should call the office to make a report. Reports may be made anonymously.

### **Child and Family Services**

3785 Veterans Drive  
Traverse City, MI 49684  
Tel: 231-946-2104 or 231-946-8975

Individual, couples and family counseling is available for all ages. Specializing in play therapy, marriage and family therapy and adolescent counseling. Most insurance accepted. Sliding fee scale available.

### **Michigan Family Violence Helpline/ Violence Prevention Program**

Tel: 800-996-6228

Service to abuse and neglect of seniors and financial exploitation of seniors

### **Michigan Protection & Advocacy Services**

Tel: 800-288-5923

### **National Domestic Violence Hotline**

800-799-7233

### **Parent Help Line**

Tel: 800-942-4357

24 hour parenting resources, and help in reporting abuse and neglect.

### **Third Level Crisis Center**

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315  
[www.thirdlevel.org](http://www.thirdlevel.org)

Mental health services are provided to victims of abuse or neglect.

### **Traverse Bay Children's Advocacy Center**

2000 Chartwell Dr, Suite 3  
Traverse City, MI 49686  
Tel: 231-929-4250  
[www.traversebaycac.org](http://www.traversebaycac.org)

Dedicated to identification, treatment, awareness, and prevention of the sexual and physical abuse of children. Our intervention services are available ONLY by referral from Law Enforcement or Child Protective Services. If you are interested in our prevention education programs, give us a call.

### **Wellspring Lutheran Services**

955 E. Commerce Drive  
Traverse City, MI 49684  
Tel: 231-943-4348

### **Women's Resource Center**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2202 or 800-554-4972

Serves victims of domestic and sexual violence in Benzie, Grand Traverse, Kalkaska, and Leelanau Counties 24 hours/day/365 days/ year

### **Substance Abuse**

#### **Alanon/Alateen**

Tel: 231-938-7399  
www.al-anon-alateen.org

A self-help recovery program for families and friends of alcoholics whether or not the alcoholic seeks help or recognizes the problem. Members share experiences, strength and hope.

#### **Alcoholics Anonymous (AA)**

www.alcoholicsanonymous.org

A group whose purpose is to carry its message to the alcoholic who still suffers. There are no dues or fees involved  
Tel: 231-946-8823. Call for scheduled meetings.

#### **Addiction Treatment Services (ATS), Inc.**

940 E. 8<sup>th</sup> St.  
Traverse City, MI 49686  
Tel: 231-922-4880  
www.addictiontreatmentservices.org

Alcohol addiction counseling and Detox services.

#### **Benzie Behavioral Health**

425 US 31  
Beulah, MI 49617  
Tel: 231-882-5514

Individual, couple, family and group therapy for adults, children and adolescents, substance abuse services, emotional or behavior problems, chronic mental illness and psychiatric services. Appointments required.

#### **Catholic Human Services**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-947-8110 or 231-882-2132  
www.catholichumanservices.org

Specializing in substance abuse/dependence (youth & adult) & Fetal Alcohol Syndrome. Sliding fee scale.

#### **Munson Behavioral Health**

420 Brook St.  
Traverse City, MI 49684  
Tel: 800-662-6766 or 231-935-6382

#### **Narcotics Anonymous**

Tel: 231-223-3399  
www.michigan-na.org

Nonprofit fellowship of men and women for whom drugs are, or were a major problem. Membership is open to any drug addict. There are no restrictions, dues or fees.

#### **National Substance Abuse Helpline**

1-800-662-4357

#### **Northern Michigan Regional Entity Access Center**

1420 Plaza Dr.  
Petoskey, MI 49770  
231-487-9144  
800-834-3393

#### **Northern Michigan Substance Abuse Services**

2090 W. M-32, Suite C  
Gaylord, MI 49735

Assessment & referral for addictions. Funding for treatment.

#### **Pine Rest Christian Mental Health Services**

1050 Silver Dr.  
Traverse City, MI 49684  
Tel: 231-947-2255  
www.pinerest.org

Providing counseling for all ages and individual substance abuse treatment. Private pay and insurance only.

## **Section 2:**

### **Advocacy Services/Legal Assistance/Courts/Law Enforcement**

#### **Advocacy**

##### **Benzie Area Christian Neighbors**

2804 Benzie Hwy  
Benzonia, MI 49616  
231-882-9544  
www.benziebacn.org  
Open M-TH 10am-2pm please be registered by 1:30pm

Help with navigating through the wide variety and tangle of human services requirements to gain access to services.

##### **Grand Traverse Band Victim Assistance**

Tel: 231-534-7525

Assistance to Native American victims of crime.

##### **Justice for Our Neighbors**

Tel: 231-620-1100

Website: <http://jfonwestmichigan.org>

Provides monthly legal clinics for immigrants earning 200% of poverty or less. JFON advocates for immigrants on issues of social justice and works to make our communities more welcoming to all immigrants, regardless of race or religion.

##### **Legal Services of Northern Michigan, Inc**

221 Garland St.  
Traverse City, MI 49684  
Tel: 231-941-0771 or 888-941-9599  
www.Lsnm.org

Legal assistance and representation for low income people and seniors. Services include: basic discussion of client rights, counseling, preparation of letters, documents, deeds, and pleadings, negotiations, administrative hearings, trials, and in some cases appeals, and community legal education presentations.

##### **Long Term Care Ombudsman**

Area Agency on Aging NW MI  
1609 Park Drive  
Traverse City, MI 49686  
Tel: 231-947-2504

Advocates for residents of nursing homes, AFC homes and HFA homes; answer questions, resolve complaints and other resident concerns.

##### **Project Unity for Life**

1689 Park Dr.  
Traverse City, MI 49686  
Tel: 231-929-4446  
www.projectunityforlife.com

An advocate of responsible policy and practice for the reentry and reintegration of the formerly incarcerated into community life.

##### **Third Level Legal Aid Clinic**

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315  
www.thirdlevel.org

Weekly legal advice, consultation and referrals

##### **Traverse Attorney Referral Service**

Grand Traverse County Court House  
328 Washington St.  
Traverse City, MI 49684  
Tel: 231-922-4713

##### **Victim's Advocate for Benzie County**

448 Court Place  
Beulah, Michigan 49617  
Tel: 231-882-0062

#### **Courts**

##### **19th Judicial Circuit Court, Family Division**

448 Court Place  
Beulah, MI 49617  
Friend of the Court: 231-882-0023  
Juvenile Department: 231-882-0007

##### **85<sup>th</sup> District Court Probation**

448 Court Place  
Beulah, MI 49617  
Tel: 231-882-0561

##### **85<sup>th</sup> District Court Probation**

415 Third St.  
Manistee, MI 49660  
231-398-3514  
231-398-3515



## **Benzie County Probate Court**

448 Court Place  
Beulah, MI 49617  
Tel: 882-9675

## **Michigan Department of Corrections**

Benzie County Probation / Parole Office  
448 Court Place  
Beulah, Michigan 49617  
Tel: 231-882-0042

## **Law Enforcement**

### **Benzie County Sheriff's Office**

505 Michigan Ave.  
Beulah, MI 49617  
Tel: 231-882-4484

### **Frankfort City Police Department**

412 Main St  
Frankfort, MI 49635  
231-352-4212

### **Michigan State Police**

11503 Main St.  
Honor, MI 49640  
Honor Post: Tel: 231-325-2885  
Traverse City Post: Tel: 231-946-4646

## **Section 3: Childcare and Early Childhood/Youth Services**

### **Child Care**

#### **Head Start Child Development Program**

11434 Main St.  
Honor, MI 49640  
Tel: 800-632-7334

Federally funded free preschool for children 3-5 years old.

#### **Healthy Futures**

Tel: 888-403-8468 or 231-935-0222

Providing newsletters, nursing support, and home visits for children age 0-2. Also Maternal Infant Health Program home visits to families with pregnant women and infants 0-1 year old. Call 231-882-2106 to enroll.

## **Frankfort Elementary School**

613 Leelanau Ave.  
Frankfort, MI 49635  
Tel. 231-352-7601 Ext. 305

Offering preschool and after school care.

## **Lake Ann Elementary School**

19375 Bronson Lake Road  
Interlochen, MI 49643  
Tel. 231-275-7730

Offering preschool and before and after care.

## **Munson Healthcare Paul Oliver Memorial Hospital**

224 Park Ave.  
Frankfort, MI 49635  
Tel. 231-352-2395

Providing childcare and preschool in Frankfort.  
Serving children birth-3 year

## **Pine Rest Christian Mental Health Services**

1050 Silver Drive  
Traverse City, MI 49684  
Tel: 231-947-2255  
[www.pinerest.org](http://www.pinerest.org)

Early Intervention group therapy for at-risk preschool children; children with emotional and mental problems and Infant mental health.

## **Stepping Stones Children's Center**

6447 Reynolds Rd.  
Lake Ann, MI 49650  
Tel: 231-275-0462

## **Early Childhood**

### **5toOne Neighborhood Center –Lake Ann**

Lake Ann United Methodist Church Community Center  
19990 First St.  
Lake Ann, MI 49650  
Tel: 231-275-7236  
Mon. – Thurs. 9:00am to 1:00pm

Free playgroups meet year round from 10:00am to 11:30 am on the 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month. The group helps families make social connections within their communities, share stories and parenting tips, and nurture children's social/emotional skills.

## 5toOne Neighborhood –Thompsonville

Betsie Valley Elementary  
17936 Cadillac Highway  
Thompsonville, MI 4968  
Tel.: 231-378-4164 or 231-570-0014  
[erfourtha@benzieschools.net](mailto:erfourtha@benzieschools.net)  
[Rebecca.meachum@yahoo.com](mailto:Rebecca.meachum@yahoo.com)

Twice/month on Fridays from 10:00-11:30 am

The Betsie Valley playgroup is a safe environment for parents and young children (0-6 throughout the school year and children of all ages throughout the summer) to come together and mingle, meet new friends and have some fun! We meet twice a month, every other Friday.

## Big Brothers Big Sisters of NW Michigan

Tel: 231-946-2447  
Providing mentoring 6-12 year olds.

## Early Head Start

11434 Main St.  
Honor, MI 49640  
Tel: 231-346-2105 or 800-632-7334

Home visiting support program for children 0-3 year-olds and pregnant women. To enhance healthy growth for the child, empower parents, and provide family support and access to the community resources. Includes health, vision, hearing, developmental screening, immunizations, home visits, referral, and play groups.

## Early On

Tel: 800-743-7334 or 231-922-6397

Providing developmental assessments and service coordination for 0-3 year olds.

## Youth Services

### 4-H Youth Programs, MSU Extension

Tel: 231-882-0025 or 231-889-4277 ext. 3  
[www.msue.msu.edu/benzie](http://www.msue.msu.edu/benzie)

Soccer and traditional 4-H clubs

### Big Brothers/Big Sisters of NW MI

521 S. Union St  
Traverse City, MI 49684  
Tel: 231-946-2447

### Runaway Assistance Program: MI RAPLine

Tel: 800-292-4517

## Third Level Crisis Center & Pete's Place

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315

Pete's Place youth shelter, youth and family services, Street Outreach Program, Benzie Youth and Family Assistance Program, Transitional Living Program, and Windfire youth support services providing prevention, crisis intervention and counseling services.

## Section 4: Clothing/Food/Utilities

### Clothing

#### Advent Lutheran Church Baby Pantry

8481 Lake Ann Rd.  
Lake Ann, MI 49650  
Tel: 231-275-8031

Baby Pantry is open the second Saturday each month from 9am –noon at the church.

#### Benzie Area Christian Neighbors

2804 Benzie Hwy  
Benzonia, MI 49616  
231-882-9544  
[www.benziebacn.org](http://www.benziebacn.org)  
Open M-TH 10am-2pm please be registered by 1:30pm  
No appointment necessary.

Clothing center offering clothing, bedding, small housewares.  
Free of charge to registered neighbors.

#### Benzie County Baby Pantry

St. Phillips Episcopal Church  
785 Beulah Hwy  
Beulah, MI 49617  
Tel: 231-882-4059

Hours: 1<sup>st</sup> & 3<sup>rd</sup> Saturdays each month, 10 am –3 pm  
Children from 0-5 years of age

#### Father Fred Foundation

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055  
Open TU, TH, FR: 10am-2pm WED: 10am-7:30pm

Two bags per household, twice a month.

### **Fresh Winds Christian Ministries**

9780 Honor Hwy.  
Honor, MI 49640  
Tel: 231-325-0344  
Open 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays  
Hours: 10:30 am- 12:30 pm and 4:00 pm-6:00 pm

Food Pantry, clothing and household resources

### **ECHO His Love**

525 Michael St.  
Manistee, MI 49660  
Tel: 231-723-6613

In-takes by phone. M-TH: 10am-2pm  
Classes are held Monday evenings during the school year.  
Parenting support classes, utility assistance, food, clothing

### **Women's Resource Center**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2202 or 800-554-4972

Serves victims of domestic ad sexual violence in Benzie, Grand Traverse, Kalkaska, and Leelanau Counties 24 hours/day, 365 days/year

## **Community Meals**

### **Fresh Winds Christian Ministries**

9780 Honor Hwy.  
Honor, MI 49640  
Tel: 231-325-0344  
Tuesday and Thursday 6:00pm-7:00pm

### **Lake Ann United Methodist Church**

6583 First St.  
Lake Ann, MI 49650  
Tel: 231-275-7236

Wednesdays from 5:30 – 6:30 p.m. Meals are offered September through May (following the school calendar). Free will donation.

## **Food and Food Pantries**

### **Benzie Area Christian Neighbors**

2804 Benzie Hwy.  
P.O. Box 93  
Benzonia, MI 49616  
Tel: 231-882-9544  
www.benziebacn.org  
Open M-TH 10am-2pm please be registered by 1:30pm

### **Benzie County Baby Pantry**

St. Phillips Episcopal Church  
785 Beulah Hwy  
Beulah, MI 49617  
Tel: 231-882-4059  
Hours: 1<sup>st</sup> & 3<sup>rd</sup> Saturdays each month, 10 am –3 pm  
Children from 0-5 years of age

### **Benzie-Leelanau District Health Department Woman, Infants, and Children (WIC)**

Benzie/Leelanau District Health Dept  
6051 Frankfort Hwy  
Benzonia, MI 49616  
Tel: 231-882-2106

Supplemental food and nutrition program for women, infants, and children that offers nutrition education, counseling, and referrals to other health and social services. Must meet income guidelines and have a nutritional need. Available to pregnant women, mothers, infants, and children under 5 years of age.

### **Benzie Senior Resources**

10542 Main Street  
Honor, MI 49640  
Tel: 231-525-0600 or 888-893-1102

Provides home delivered meals for people 60 and over, congregate meal site: The Gathering Place in the Honor Plaza

### **Benzie Food Partners**

10907 Main Street  
Honor, MI 49640  
Tel: 231-325-2936  
Open 1<sup>st</sup> and 3<sup>rd</sup> Thursday 10 am-12:30 pm  
US 31 & Henry Corner, next to the Honor Insurance Agency

## **Benzie-Manistee Dept of Health & Human Services**

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330 or 844-464-3447  
Hours: 8 am – 5pm Monday-Friday

## **Benzie Recovery Center**

(Formerly Benzie Drop in Center)  
1034 Michigan Ave.  
Benzonia, MI 49616

Must have a disability to receive food

## **Commodity Food Programs, Northwest Michigan Community Action Agency**

3963 Three Mile Rd  
Traverse City, MI 49686  
Tel: 800-632-7334 or 231-947-3780  
Fax: 231-947-4935

Distributes government surplus food monthly to eligible older adults and quarterly to low income families. Call for eligibility, distribution time, and location.

## **Community Spirit Food Source, Inc**

PO Box 333  
Frankfort, MI 49635  
231-383-2606  
231-735-1773  
[www.benziecommunityspirit.com](http://www.benziecommunityspirit.com)

## **Father Fred Foundation**

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055  
Open TU, TH, FR: 10am-2pm WED: 10am-7:00pm

## **Fresh Wind Christian Ministries**

9780 Honor Hwy.  
Honor, MI 49640  
Tel: 231-325-0344  
Open 2nd and 4th Tuesdays  
Hours: 10:30 am- 12:30 pm and 4:00 pm-6:00 pm

Food Pantry, clothing and household resources

## **Lake Ann United Methodist Church**

6583 First St.  
Lake Ann, MI 49650  
Tel: 231-275-7236

Food Pantry open Monday & Thursday,  
9:00 a.m.- 12:00 p.m. (back door, lower level)

## **ECHO His Love**

Tel: 231-723-6613

Parenting support classes, utility assistance, food, clothing

## **Home Furnishings**

## **Habitat for Humanity Restore**

13998 Honor Hwy  
Beulah, MI 49617  
Tel: 231-325-7750

## **Father Fred Foundation**

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055

## **ECHO His Love**

Tel: 231-723-6613

## **Utilities**

## **Benzie Area Christian Neighbors**

2839 Benzie Hwy  
Benzonia, MI 49616  
231-882-9544  
[www.benziebacn.org](http://www.benziebacn.org)  
Open M-TH 10am-2pm please be registered by 1:30pm

## **Benzie-Manistee Dept of Health & Human Services**

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330 or 844-464-3447  
Hours: 8 am – 5pm Monday-Friday

## **ECHO His Love**

Parenting support classes, utility assistance, food, clothing  
Tel: 231-723-6613

## Father Fred Foundation

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055  
Open Tues – Fri 10:00 am to 2:00 pm

## Northwest MI Community Action Agency

3963 Three Mile Road  
Traverse City, MI  
Tel: 231-947-3780 or 800-632-7334  
[www.nmcaa.net](http://www.nmcaa.net)

## Salvation Army – Traverse City

1239 Barlow St.  
Traverse City, MI 49696  
Tel: 231-946-4644

## TrueNorth Community Services

emPower Heat and Energy Assistance Program  
Tel: 231-355-5880  
[www.truenorthservices.org](http://www.truenorthservices.org)  
email: [applications@tnempower.org](mailto:applications@tnempower.org)

Heat and energy assistance programs for low income individuals and seniors. Includes: assistance with heat/utility bills and energy conservation initiatives.

## **Section 5: Housing/Shelters**

### **Housing & Home Repairs**

#### Northwest Michigan Supportive Housing

105 Hall Street, Suite C  
Traverse City, MI 49684  
Tel: 231-929-1309

Eligibility: Homeless by HUD definition, very low income, adults with special needs: mental illness, developmental disability, substance abuse, HIV/AIDS, fleeing domestic violence.  
Tenant pays 30% of gross adjusted monthly income

#### Father Fred Foundation

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055  
Tues – Fri 10:00 am to 2:00 pm

Emergency financial assistance for housing repairs, evictions, and security deposits. Requests for assistance can be made in person.

#### Goodwill Inn

2942 Keystone Road  
Traverse City, MI 49686  
Tel: 231-922-4890

Homeless Shelter, must call for approval

#### Habitat for Humanity of Benzie County

955 James Street  
P.O. Box 53  
Frankfort, Mi. 49635  
Tel: 231-399-0300

Through collaborative efforts with eligible partner families, HFH promotes the building and renovation of simple, decent and affordable houses in Benzie County.

#### Grand Traverse Band of Ottawa and Chippewa Indians Housing Department

11244 Kidahkeh  
Peshawbestown, MI 49682  
Tel: 231-534-7800

162 units (low income rentals, market rate rentals, home ownership), 1-5 BR. Low income rentals: Tenant pays 30% of gross income. Criminal background check, no credit check. Subsidized housing criteria: Native American, Tribal member, may consider members of other tribes, income limits.

#### GTB Home Ownership Program:

Tel: 231-534-7331  
Criteria: Tribal members only, must attend classes; also can receive up to \$10,000 for a down payment on a home.

#### MSHDA Rental Assistance

See-Con  
P.O. Box 362  
Bellaire, MI 49615  
Tel: 231-377-7155

Federally funded rent assistance program. Family self-sufficiency program for participants who want to become self-sufficient. Programs are available to low-income families, elderly or disabled persons. Call the office for an application or to make an appointment.

#### Northern MI Alliance for Independent Living

Tel: 866-869-8600

For those with disabilities

## Northwest Michigan Coalition to End Homelessness

1-844-900-0500

Central intake phone number for those experiencing homelessness in Northwest Michigan.

## NW Michigan Community Action Agency

3963 Three Mile Rd  
Traverse City, MI 49686  
Tel: 800-632-7334 or 231-947-3780  
www.nmcaa.net

Homeless Prevention Counseling, Rental Counseling, Foreclosure Prevention Counseling, Home Repair Programs, Weatherization, Homebuyer and Budget Counseling and Workshops

## Individual Development Accounts

Savings program for people who want to build financial assets: every \$1 that is saved is matched with \$3 for a total of \$4,000 saved, which may be used for a down payment, closing costs or principal reduction on a first home. \$2 to 1 match for Post-Secondary Education or Business or Business Expansion. Income limits apply; must save \$20 per month of earned income and attend financial management and asset planning classes.

## Third Level Crisis Center

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315  
www.thirdlevel.org

Emergency shelter to homeless, runaway and at-risk youth ages 14-17.

## Traverse City Housing Commission

Public Housing Authority  
10200 East Carter Centre Road  
Traverse City, MI 49684  
Tel: 231-922-4915

Serving Grand Traverse, Antrim, Benzie, Kalkaska, Leelanau and Wexford Counties

## Women's Resource Center

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2202 or 800-554-4972

Counseling, assistance, shelter options for battered women

## Low Income Housing

### Aspen Hills

Tel: 231-947-5704

### Boardman Lake Apts.

Tel: 231-941-5257

### Brook Apartments

North Street  
Benzonia, MI 49616  
Tel: 231-629-8117

### Diamond House Apartments

7725 First Street  
Thompsonville, MI 49683  
Tel: 231-629-8117

### Gateway Village

218 Day Ave.  
Frankfort, MI 49635  
Tel: 231-352-5941

### Home Stretch

3104 Logan Valley Road  
Suite 300  
Traverse City, MI 49684  
231-947-6001

Home ownership for low income families and individuals; must be income eligible, credit that qualifies for a conventional mortgage, no felonies within the last 10 years and 1% down payment requirement.

### LeGrande View Apts.

Tel: 231-947-0500

### MSHDA Rental Programs

Tel: 231-377-7155  
Money available to help a family stay in good quality housing, and pay a portion of rent.

### Oak Park Apts.

Tel: 231-946-6361

### Patterson Crossing

114 Anchor Street  
Frankfort, MI 49635  
Tel: 231-352-7922

### Trade Winds Apts.

Tel: 231-946-2050

## Traverse City Housing Commission

Tel: 231-922-4915

## USDA Rural Development

Tel: 1-800-944-8199

Programs that help low and very low income families own their own homes with no money down, low interest, subsidized mortgages in rural areas. Home improvement loans and grants for very low income and elderly that qualify to make homes safe and sanitary.

## Shelters/Transitional Housing

### Goodwill Inn

2943 Keystone St  
Traverse City, MI 49686  
Tel: 231-922-4890  
[www.goodwillinn.org](http://www.goodwillinn.org)  
Must call for approval.

Emergency shelter for HUD homeless families and individuals serving Benzie, Antrim, Grand Traverse, Kalkaska & Leelanau counties. Goodwill provides basic needs including food, clothing and shelter. Case Management; Housing Support Services.

### HOST Homes for Homeless Youth ~Catholic Human Services

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-947-8110 or 231-882-2132  
[www.catholichumanservices.org](http://www.catholichumanservices.org)

Transitional housing for youth ages 15 – 19 or until graduation.

### ECHO His Love

Tel: 231-723-6613

Shelter available during winter months

### Third Level Crisis Center & Pete's Place

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315

Pete's Place youth shelter, youth and family services, Street Outreach Program, Benzie Youth and Family Assistance

Program, Transitional Living Program, and Windfire youth support services providing prevention, crisis intervention and counseling services.

## Women's Resource Center

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2202 or 800-554-4972  
Counseling, assistance, shelter options for battered women

## Other Housing Resources:

### Benzie Area Christian Neighbors

2839 Benzie Hwy  
Benzonia, MI 49616  
231-882-9544

### Craigslist

[www.craigslist.com](http://www.craigslist.com)

Website that lists current available rentals in the Northern Michigan area

### Northwest Michigan Housing Search

[nwmhousingsearch.org](http://nwmhousingsearch.org)

Northwest Michigan Housing Search provides updated listings on the internet of apartments for rent in Antrim, Benzie, Grand Traverse, Kalkaska and Leelanau Counties. Also provides links to rental assistance, homebuyer and homeowner assistance programs as well as links to many other community resources.

### Michigan Foreclosure Prevention

Tel: 866-946-7432

### Michigan Housing Locator

[www.michiganhousinglocator.com](http://www.michiganhousinglocator.com)

Housing resource information for landlords and renters

### [www.showmethere.com](http://www.showmethere.com)

Provides property listings where renters can search for houses and apartments.

### [www.gosection8.com](http://www.gosection8.com)

Gosection8.com provides property rental listings directly to Public Housing Authorities & properties can be viewed online. This website can be used by tenants seeking housing and for landlords to list their rentals.

## **Section 6:** **Educational/Support Groups**

### **Alzheimer's Association**

Tel: 800-272-3900 or 231-929-3804  
Education, Training and Support Groups

### **American Diabetes Association**

Tel: 888-342-2383  
Education and medical advocacy

### **Arthritis Foundation Michigan Chapter**

Tel: 800-968-3030  
Arthritis and Fibromyalgia information and education

### **Bay Area Coalition for Independent Living**

Tel: 231-929-4865  
People with disabilities of all ages, assisting people with disability to maximize personal potential.

### **Benzie Area Christian Neighbors BACN**

2804 Benzie Hwy.  
P.O. Box 93  
Benzonia, MI 49616  
Tel: 231-882-9544  
[www.benziebacn.org](http://www.benziebacn.org)  
Open M-TH 10am-2pm please be registered by 1:30pm

GED Assistance ~ call for details; open to all.

### **Brain Injury Association of Michigan**

Tel: 800-772-4323  
Information and Referral

### **Children and Adults with ADD (CHADD)**

Tel: 231-922-7914  
Support Groups

### **Community Living Center**

Tel: 231-941-7150  
Training facility for developmentally disabled.

### **Grand Traverse Dyslexia Association**

Tel: 231-929-1007

Tutorial services for adults and children who have dyslexia or reading problems.

### **Healthy Futures**

Tel: 888-403-8468 or 231-935-0222

Newsletter, nursing support, & postpartum home visit for children 0-2 years. Provides child development support for newborns-age 5.

### **Lion's Club**

Tel: 231-935-6455 or 231-275-7461

Offers evaluation & hearing aids to persons who qualify.

### **Michigan Protection and Advocacy**

Tel: 800-288-5923

### **Michigan Association for Deaf, Speech & Hearing**

Tel: 800-968-7327

Coordinates applications, orders and finds funding services.

### **MSU Extension**

448 Court Place  
P.O. Box 349  
Beulah, MI 49617  
Tel: 231-882-0025  
[www.msue.msu.edu/benzie](http://www.msue.msu.edu/benzie)

Provides information and education on nutrition, health, agriculture and other issues. 4-H and other youth activities programs are available. Family and Consumer Sciences programs provide in-home and group nutrition education.

### **Northern Michigan Diabetes Initiative**

1105 Sixth St.  
Traverse City, MI 49686  
Tel: 231-935-9227  
[www.nmdiabetes.org](http://www.nmdiabetes.org)

NMDI is your local resource for all things related to diabetes. Education, events and recipes can be found at our website and Facebook page.

### **Project Read Northwest**

c/o Manistee County Library  
95 Maple Street  
Manistee, MI 49660  
Tel: 231-723-2519 (office hours on Tuesdays)  
Home Office: 231-889-5690  
Cell: 734-395-1673  
[ProjectReadNorthwest2@gmail.com](mailto:ProjectReadNorthwest2@gmail.com)  
Facebook: "Project Read Northwest"  
[www.manisteelibrary.org/project-read-northwest](http://www.manisteelibrary.org/project-read-northwest)

Project Read Northwest provides FREE, confidential, one-on-one literacy tutoring for adults in Benzie and Manistee



Counties. This program provides tutoring in reading, writing, math, GED prep and English as a second language.

### **Project Unity for Life**

900 East Front Street  
Traverse City, MI 49684  
Tel: 231-929-4446  
www.projectunityforlife.com

Offering seminars for inmates in county jails and other locations to encourage trust and relationship building with the client. These seminars are conducted under the cooperation of the local Sheriff and Jail Administrators.

### **Resolve Through Sharing**

Tel: 231-935-7412

Support Group for loss of pregnancy, infant or child

### **Special Ed Parents Advisory Council**

Tel: 231-922-6200

Information and Referral

### **Telemon Corporation**

Tel: 231-941-5300

Assistance to farm workers, GED, food, shelter, counseling, transportation.

## **Parenting Skills**

### **Central Wellness Network**

6051 Frankfort Hwy. Suite 200  
Benzonia, MI 49616  
Tel: 877-398-2013  
Crisis Line: 877-398-2013  
Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth outreach; prevention programs.

### **Head Start/Early Head Start**

11434 Main St.  
Honor, MI 49640  
Tel: 231-409-9534

### **ECHO His Love**

Tel: 231-723-6613

Supported by donations, ECHO His Love provides congregate meal, classes for adults, structured daycare for children while

parents in class, and commodities as reward for attendance (paper/cleaning products etc.), transportation is available.

## **Family Nutrition**

### **MSU Extension – Benzie County**

Tel: 231-882-0025  
www.msue.msu.edu/benzie

Provides group lessons and Home Based instructions to assist families with food and nutrition information, food safety and food resource management.

## **Health/Dental Services**

### **Benzie-Leelanau District Health Department**

6051 Frankfort Hwy. Suite 100  
Benzonia, MI 49616  
Tel: 231-882-4409

Personal Health Services for children, adults and pregnant women. WIC, immunizations, hearing, vision, family planning, breast and cervical cancer screening, and home visits.

### **Munson Healthcare Paul Oliver Memorial Hospital**

224 Park Ave.  
Frankfort, MI 49635  
Tel. 231-352-2200

Diabetic Education  
Cardiac Rehab Cooking Classes  
CPR  
Certified Application Counselor (Insurance enrollment)  
Safe Sitter Education

### **Northwest Michigan Health Services, Inc**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2126  
Cell: 231-392-5509  
www.nmhsi.org

Federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured.

### **Traverse Health Clinic**

1719 S. Garfield Ave.  
Traverse City, MI 49684

Tel: 231-935-0799  
www.traversehealthclinic.org

Federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured.

## **Section 7: Local Support Services and Assistance**

### **AIDS Hotline**

Tel: 800-342-2437

Referrals and Information

### **Alzheimer's Association**

Tel: 800-272-3900  
24 hour hotline

### **American Red Cross**

Tel: 877-326-6105

Support for victims of disaster-fire, flood, etc. Apply to ARC first for disaster assistance

### **Area Agency on Aging of NW Michigan**

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent living for older adults and disabled adults over 18 years. MEEPS will pay for short term.

### **Autism Society of Michigan**

Tel: 800-223-6722

Providing information, books, training workshops, support & advocacy.

### **Benzie Area Christian Neighbors**

2804 Benzie Hwy.  
P.O. Box 93  
Benzonia, MI 49616  
Tel: 231-882-9544  
www.benzieacn.org  
Open M-TH 10am-2pm, please be registered by 1:30pm

### **Benzie County Baby Pantry**

St. Phillips Episcopal Church  
785 Beulah Hwy  
Beulah, MI 49617

Tel: 231-882-4059

Hours: 1<sup>st</sup> & 3<sup>rd</sup> Saturdays each month, 10 am –3 pm

Children from 0-5 years of age

### **Benzie Senior Resources**

10542 Main Street  
Honor, MI 49640  
Tel: 231-525-0600 or 888-893-1102  
www.benzieseniorresources.org

Offering meals, including home delivered meals to homebound seniors; congregate meals held at the Gathering Place in Honor Plaza. Guardian Medical Monitoring, MMAP assistance; Homemaker services; Home chores; Snow Removal services, information and referral. Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

### **Benzie County Housing Assistance**

Tel: 231-882-9671

Home repair grants, loans, Habitat for Humanity

### **Benzie Human Services Collaborative**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-882-2123

### **Benzie-Manistee Dept of Health & Human Services**

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330 or 844-464-3447  
**Hours:** 8 am – 5pm Monday-Friday

Provides eligible individuals and families with assistance.

### **Benzie Transportation Authority (The Benzie Bus)**

12762 Honor Hwy  
Honor, MI 49640  
Tel: 231-325-3000 or 866-325-3380  
Monday-Friday 6am-10pm, Saturday 7am-6pm

### Catholic Human Services

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-947-8110 or 231-882-2132

Specializing in pregnancy counseling, adoptions services, substance abuse/dependence (youth & adult) & Fetal Alcohol Syndrome. Sliding fee scale.

### Cherryland Electric Caring Program

Tel: 800-442-8616, ext. 266

Help for non-Cherryland Electric bills- food, medical bills, rent, etc. Must fill out an application.

### Children's Special Health Care Services

Tel: 231-256-0200 or 888-744-2468  
Case management and home visits for families with children with chronic illness(s).

### Department on Deaf

877-499-6232

### Father Fred Foundation

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055  
Please call ahead

### Goodwill Inn

2942 Keystone Road  
Traverse City, MI 49686  
Tel: 231-922-4890

### Grand Traverse Band of Ottawa & Chippewa Indians

72982 Hoadly Road  
Benzonia, MI 49616  
Tel: 231-882-4116

### Le Leche

Tel: 231-941-4477 or 800-LaLeche

Breastfeeding support groups/education

### Long Term Care Ombudsman

Area Agency on Aging NW MI  
1609 Park Drive  
Traverse City, MI 49686  
Tel: 231-947-2504

Long term care options & choices, Residents' Rights

### ECHO His Love

Parenting support classes, utility assistance, food, clothing  
Tel: 231-723-6613

### March of Dimes

Tel: 231-947-2488

Babies & You Wellness Program

### Michigan Rehabilitation Services (MRS)

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-922-5260 or 877-901-9179

Assistance with retraining and rehabilitation services

### MiChild Health Insurance

Tel: 888-988-6300

### MSU Extension – Benzie County

448 Court Place  
P.O. Box 349  
Beulah, MI 49617  
Tel: 231-882-0025  
[www.msue.msu.edu/benzie](http://www.msue.msu.edu/benzie)  
Hours: 9:00 AM to 12:30 PM, 1:00 – 5:00 PM Tues & Thurs.

Provides information and education on nutrition, health, agriculture and other issues. 4-H and other youth activities programs are available. Family and Consumer Sciences programs provide in-home and group nutrition education.

### National Suicide Prevention LifeLine

Tel: Toll free: 800-273-TALK (8255)

### Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917  
Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

### Northwest MI Community Action Agency

3963 Three Mile Road  
Traverse City, MI  
[www.nmcaa.net](http://www.nmcaa.net)  
Tel: 231-947-3780 or 800-632-7334

Help with home repairs, budgeting and home purchasing education.

## Northwest Michigan Health Services, Inc.

6051 Frankfort Hwy.  
Benzonia, MI 49616  
231-392-5509  
231-383-4800

In-person assistance services available for online applications for ALL DHHS programs: Medicaid, MiChild, Bridge Card, Daycare, Emergency Assistance; Low-income Housing Applications; Medicare Part D (prescription insurance); Advocacy; Community Resource Information & Referrals.

## Physician Referral Service

Tel: 800-533-5520  
Referral to MMC associated physicians

## Poison Control for Northwest MI

Tel: 800-222-1222

## Pregnancy Resources:

Benzie-Leelanau Dist Health Dept:	231-882-2106
Catholic Human Services:	231-941-8110
Father Fred Foundation:	231-947-2055
Planned Parenthood:	231-929-1844
Pregnancy Care Center:	231-929-3488
Salvation Army:	231-946-4644
Women's Resource Center:	231-946-4180

A volunteer neighbor advocate program that helps individuals identify and connect with needed community resources.

## Resolve through Sharing

Tel: 231-935-7412  
Support group for families suffering with the loss of an infant or miscarriage.

## Runaway Assistance Program (RAP)

Tel: 800-292-4517

Assistance for children that have runaway or kicked out of the home.

## Salvation Army- Traverse City

1239 Barlow St.  
Traverse City, MI 49696  
Tel: 231-946-4644

Food pantry, vouchers to thrift store for clothing, furniture, and household goods. Community meals, and utilities and financial assistance

## Spinal Bifida Association of America

Tel: 800-621-3141  
Referrals and Information

## Third Level Crisis Intervention Center

1022 E. Front Street  
Traverse City, MI 49686  
Tel: 231-922-4800  
Toll Free: 800-442-7315  
www.thirdlevel.org

Crisis intervention, counseling, information and referral, individual and family therapy

## Tobacco Cessation

Tel: 800-586-4872  
American Lung Association Helpline and confidential phone counseling service  
Michigan Department of Community Health  
Tel: 800-784-8669

Free Confidential phone counseling service up to 7 sessions. Might be eligible for free nicotine replacement products.

## Traverse Bay Area Tobacco Coalition

1209 S. Garfield, Suite C  
Traverse City, MI 49686  
Tel: 231-271-3684

Provides information on tobacco dependence treatment and resources, prevention education and free tobacco education materials.

## TrueNorth Community Services

Tel. 231-924-0641  
www.truenorthservices.org

Heat and energy assistance programs for low income individuals and seniors. Includes: assistance with heat/utility bills and energy conservation initiatives.

## USDA Rural Development Program

Tel: 800-944-8119

Home Loans, repair loans & grants

## Women, Infants, and Children (WIC)

Benzie-Leelanau District Health Dept  
6051 Frankfort Hwy  
Benzonia, MI 49616  
Tel: 231-882-2106

Supplemental food and nutrition program for women, infants, and children that offers nutrition education, counseling, and referrals to other health and social services. Must meet income guidelines and have a nutritional need. Available to pregnant women, mothers, infants, and children under 5 years of age.

## **Section 8: Local Schools/Employment & Training**

### **Benzie Area Christian Neighbors- MI Works**

2804 Benzie Hwy.  
P.O. Box 93  
Benzonia, MI 49616  
Tel: 231-882-9544  
www.benziebacn.org  
Open M-TH 10am-2pm, please be registered by 1:30pm

### **Benzie Central Middle School**

9300 Homestead Road  
Benzonia, MI 49616  
Tel: 231-882-4498

### **Benzie Central Senior High School**

9300 Homestead Road  
Benzonia, MI 49616  
Tel: 231-882-4498

### **Betsie Valley Elementary School**

17936 Cadillac Highway  
Thompsonville, MI 49683  
Tel: 231-378-4164

### **Crystal Lake Elementary School**

7048 Severance  
Benzonia, MI 49616  
Tel: 231-882-4641

### **Frankfort/Elberta Elementary School**

613 Leelanau Street  
Frankfort, MI 49635  
Tel: 231-352-7601

### **Frankfort/Elberta High School**

534 11<sup>th</sup> Street  
Frankfort, MI 49635  
Tel: 231-352-4781

### **Lake Ann Elementary School**

19375 Bronson Lake School  
Interlochen, MI 49643  
Tel: 231-275-7730

## **Employment Training**

### **Michigan Rehabilitation Services (MRS)**

Tel: 231-922-5260 or 877-901-9179  
6051 Frankfort Hwy.  
Benzonia, MI 49616

Assistance with retraining and rehabilitation services

### **Michigan Works! Agency**

1209 S. Garfield Ave  
Traverse City, MI 49684  
Tel: 231-922-3700 or 800-442-1074

1660 US 31 South  
Manistee, MI 49660  
Tel: 231-723-2535

Employment help, increase job seeking skills, including resume, interest and aptitude tests. Unemployment information available.

### **Unemployment Office**

Tel: 800-638-3995

## **Section 9: Health/Dental/Mental Health**

### **AIDS Hotline**

Tel: 800-342-2437

### **Referrals and Information**

Counseling for adults, children, and families, infant and youth outreach, prevention programs, and treatment for victims of sexual abuse.

### **Benzie Senior Resources**

10542 Main Street  
Honor, MI 49640  
Tel: 231-525-0600 or 888-893-1102  
www.benzieseniorresources.org

Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

## **Benzie–Leelanau District Health Department**

6051 Frankfort Hwy  
Benzonia, MI 49616  
Tel: 231-882-4409

Environmental Health Service, Personal Health Services,  
Reproductive Health Services, Breast and Cervical Cancer  
screening, home visits and immunizations.

## **Catholic Human Services**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
Tel: 231-947-8110 or 231-882-2132

Specializing in substance abuse/dependence (youth & adult) &  
Fetal Alcohol Syndrome. Sliding Fee Scale.

## **Centra Wellness Network**

6051 Frankfort Hwy. Suite 200  
Benzonia, MI 49616  
Tel: 877-398-2013  
Crisis Line: 877-398-2013  
Hours: 8 am – 5pm Monday-Friday

## **Child and Family Services**

3785 Veterans Drive  
Traverse City, MI 49684  
Tel: 231-946-2104 or 231-946-8975

Individual, couples and family counseling is available for all  
ages. Specializing in play therapy, marriage and family therapy  
and adolescent counseling. Most insurance accepted. Sliding  
fee scale available.

## **Community Health Clinic**

810 A. South Garfield  
Traverse City, MI 49684  
Tel: 231-935-0668

Healthcare for the uninsured, women's health, HIV counseling  
and testing. Call for an appointment.

## **Dental Clinics North**

Tel: 231-547-0295 or 877-321-7070  
Call for a clinic nearest you.

## **Munson Healthcare Paul Oliver Memorial Hospital**

224 Park Ave  
Frankfort, MI 49635  
Tel: 231-352-2200

24 hr Emergency Room Care in addition to Acute & Respite  
Care Services. Out-Patient services including Radiology,

Physical Therapy, Cardiac-Pulmonary Rehab, Laboratory,  
Specialty Clinics, Surgery, Ear Lab, Sleep Lab and a 39 bed  
Long Term Care Facility.

## **Munson Medical Center**

1105 Sixth St.  
Traverse City, MI 49684  
Tel: 231-935-5000  
www.munsonhealthcare.org

## **National Suicide Prevention LifeLine**

Tel: Toll free: 800-273-TALK (8255)

## **Northwest Michigan Health Services, Inc.**

6051 Frankfort Hwy.  
Benzonia, MI 49616  
231-383-4800  
www.nmhsi.org

Medical, Dental & Behavioral healthcare services. A federally  
qualified health center accepts all patients regardless of  
insurance status or ability to pay. Bills Medicaid/Medicare,  
Blue Cross, Priority Health and other plans. Plus, a sliding fee  
scale for uninsured.

## **Northern Michigan Diabetes Initiative**

Website: [www.nmdi.org](http://www.nmdi.org)

## **Planned Parenthood N. Michigan**

1135 E. Eighth St.  
Traverse City, MI 49686  
Tel: 231-929-1844

## **Shape Up North**

Website: [www.shapeupnorth.com](http://www.shapeupnorth.com)

A resource for creating and maintaining a healthy lifestyle.

## **The Maples Benzie County Medical Care Facility**

210 Maple Ave.  
Frankfort, MI 49635  
Tel: 231-352-9674  
www.benziemaples.org

Provides long-term care, skilled nursing care, rehabilitation  
services, and an outstanding activities department. Residents  
are offered a wide range of events, including off-site and on-  
site activities and a home atmosphere.

## **Third Level Crisis Intervention Center**

1022 E. Front Street  
Traverse City, MI 49686

Tel: 231-922-4800  
Toll Free: 800-442-7315  
www.thirdlevel.org

Crisis intervention, counseling, information and referral,  
individual and family therapy

### **Traverse Health Clinic**

3155 Logan Valley Rd.  
Traverse City, MI 49684  
Tel: 231-935-0799  
www.traversehealthclinic.org

Federally qualified health center accepts all patients regardless  
of insurance status or ability to pay. Bills Medicaid/Medicare  
plans and has a sliding fee scale for uninsured.

## **Section 10: Disabilities**

### **Aging and Disability Resource Collaborative of Northwest Michigan**

Tel: 1-866-642-4582  
Email: info@adrcnmi.org  
www.adrcnmi.org

Provides unbiased, objective information about community  
supports and resources for older adults and disabled  
individuals of any age. Can help individuals connect with  
access services. Counseling options available to help with  
immediate needs, long term planning and accessing financial  
or insurance programs like Medicare, Medicaid and SSDI and  
other supports.

### **Area Agency on Aging of NW Michigan**

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent  
living for older adults and disabled adults over 18 years.  
MEEPS will pay for short term.

### **Bay Area Coalition for Independent Living**

Tel: 231-929-4865

Services for people with disabilities of all ages, providing  
assistance to maximize personal potential.

### **Brain Injury Association of Michigan**

Tel: 800-772-HEAD

Information and Referral

### **Centra Wellness Network**

6051 Frankfort Hwy. Suite 200  
Frankfort, MI 49616  
Tel: 877-398-2013  
Crisis Line: 877-398-2013  
Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth  
outreach, prevention programs, and treatment for victims of  
sexual abuse.

### **CHADD (Children and Adults with ADD)**

Tel: 231-922-7914

Support Groups

### **Community Living Center**

Tel: 231-941-7150

Adult Foster Care home, training facility for developmentally  
disabled.

### **Disability Network Northern Michigan**

415 East Eighth St.  
Traverse City, MI 49686  
Tel: 866-869-8600  
www.disabilitynetwork.org

Provides information, assistance and support to people of all  
ages with any type of disability including: learning, mental  
illness, emotional struggles, physical barriers and more. They  
help youth, adults, families, seniors, and veterans facing  
challenges due to their disabilities. They also work on a larger  
scale, helping governments, businesses and other  
organizations make changes that improve life to everyone in  
the community.

### **Disability.gov**

www.disability.gov

Provides thousands of dependable resources on  
disability-related issues, programs and services.

### **Grand Travers Dyslexia Association**

Tel: 231-929-1007

Tutorial services for adults & children who have dyslexia or  
reading problems.

### **Lions Club**

Tel: 231-935-6455-Traverse City  
Tel: 231-275-7461- Lake Ann

Offers evaluation & hearing aids to persons who qualify.

## Michigan Association of Deaf, Speech & Hearing Services

Tel: 800-968-7327

Coordinates applications, orders and finds funding services.

## Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917

Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

## Special Ed Parents Advisory Council

Tel: 231-922-6200

## **Section 11:** **Senior Resources & Services**

### Aging and Disability Resource Collaborative of Northwest Michigan

Tel: 1-866-642-4582

Email: [info@adrcnmi.org](mailto:info@adrcnmi.org)

[www.adrcnmi.org](http://www.adrcnmi.org)

Provides unbiased, objective information about community supports and resources for older adults and disabled individuals of any age. Can help individuals connect with access services. Counseling options available to help with immediate needs, long term planning and accessing financial or insurance programs like Medicare, Medicaid and SSDI and other supports.

### Area Agency on Aging of NW Michigan

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent living for older adults and disabled adults over 18 years. MEEPS will pay for short term.

### Assisted Living Facilities

Orchard House (2123 Grace Road, Frankfort, 231-352-6343)

The Homesteader (7953 Love Rd, Benzonia, 231-882-9813)

Frankfort Pines (119 Airport Rd, Frankfort, 231-352-1000)

Frankfort Senior Care (216 Cox Rd. Frankfort, 231-352-9202)

Willow Brook Assisted Living (1194 Didrikson Rd, Frankfort, 231-352-4708)

### Benzie Senior Resources

10542 Main Street

Honor, MI 49640

Tel: 231-525-0600 or 888-893-1102

[www.benzieseniorresources.org](http://www.benzieseniorresources.org)

Offering meals, including home delivered meals to homebound seniors; congregate meals held at the Gathering Place in Honor Plaza. Careline (Guardian Medical Monitoring), MMAP assistance; Homemaker services; Home chores; CompuMed medication dispensers (rent); Snow Removal services, Benzie Bus passes, information and referral. Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

### Benzie County Senior Services Directory

[www.Munsonhealthcare.org](http://www.Munsonhealthcare.org)

Click on Health info tab; go to Caregiver Resource Center & Library

### Benzie-Leelanau District Health Department

6051 Frankfort Hwy

Benzonia, MI 49616

Tel: 231-882-4409

Hours: 8am-Noon, 1-4:30pm M-F

Immunizations for adults.

### Centra Wellness Network

6051 Frankfort Hwy. Suite 200

Benzonia, MI 49616

Tel: 877-398-2013/ Crisis Line: 877-398-2013

Hours: 8 am – 5pm Monday-Friday

### Hospice and Palliative Care

Munson Home Health

Tel: 800-252-2065

### Legal Services of Northern Michigan

221 Garland St.

Traverse City, MI 49684

Tel: 231-941-0771 or 888-941-9599

[www.Lsnm.org](http://www.Lsnm.org)

Legal assistance and representation for low income people and seniors. Services include: basic discussion of client rights, counseling, preparation of letters, documents, deeds, and pleadings, negotiations, administrative hearings, trials, and in some cases appeals, and community legal education presentations.



### Long Term Care Ombudsman

Area Agency on Aging NW MI  
1609 Park Drive  
Traverse City, MI 49686  
Tel: 231-947-2504

Advocates for residents of nursing homes, AFC homes and HFA homes; education in community; improve long term care systems through legislation.

### Manistee-Benzie Dept. of Human Services

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330  
Hours: 8 am – 5pm Monday-Friday

### Munson Medical Center

1105 Sixth St.  
Traverse City, MI 49684  
Tel: 231-935-5000  
www.munsonhealthcare.org

### Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917

Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

### Northwest Michigan Health Services, Inc

6051 Frankfort Hwy.  
Benzonia, MI 49616  
231-383-4800  
www.nmhsi.org

Medical, Dental & Behavioral healthcare services. A federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured. NMHSI has a financial Dental partnership with Paul Oliver Memorial Hospital  
224 Park Ave  
Frankfort, MI 49635  
Tel: 231-352-9621

### Senior Volunteer Programs-Catholic Human Services

1832-A Oak Hollow Drive  
Traverse City, MI 49685  
Tel. 1-800-658-8554

The Senior Companion and Foster Grandparent Programs. Open to those age 55 or better. Serving other senior citizens as well as children in your community.

### Senior Helpers of Northern Michigan

Tel. 231-933-6600  
www.seniorhelpers.com/northernmichigan

Providing in home care for seniors including housekeeping, medicine reminders, transportation, mobility assistance, bathing/dressing assistance, and Alzheimer's/dementia care. Senior Helpers offers services from 3 hours a day up to 24/7 care.

### The Maples Benzie County Medical Care Facility

210 Maple Ave.  
Frankfort, MI 49635  
Tel: 231-352-9674  
www.benziemaples.org

Provides long-term care, skilled nursing care, rehabilitation services, and an outstanding activities department. Residents are offered a wide range of events, including off-site and on-site activities and a home atmosphere.

## *Section 12:*

## ***Transportation/Volunteer Opportunities***

### **Transportation**

BATA-Bay Area Transportation Authority  
Tel: 888-228-7743

### **Benzie Bus**

Tel: 231-325-3000 or 866-325-3380  
www.benziebus.com  
Monday-Friday 5am-8pm  
Saturday-Sunday: CLOSED

### **Volunteer Opportunities**

#### **American Red Cross**

Tel: 877-326-6105

Support for victims of disaster-fire, flood, etc. Apply to ARC first for disaster assistance

## Benzie Area Christian Neighbors

2804 Benzie Hwy.  
P.O. Box 93  
Benzonia, MI 49616  
Tel: 231-882-9544  
www.benziebacn.org  
Open M-Th 10am-2pm

## Benzie Senior Resources

10542 Main Street  
Honor, MI 49640  
Tel: 231-525-0600 or 888-893-1102  
www.benzieseniorresources.org

## Benzie-Manistee Dept of Human Services

448 Court Place  
P.O. Box 114  
Beulah, MI 49617  
Tel: 231-882-1330 or 844-464-3447

## Senior Volunteer Programs-Catholic Human Services

1832-A Oak Hollow Drive  
Traverse City, MI 49685  
Tel. 1-800-658-8554

The Senior Companion and Foster Grandparent Programs.  
Open to those age 55 or better. Serving other senior citizens as well as children in your community.

## Disability Network Northern Michigan

415 East Eighth St.  
Traverse City, MI 49686  
Tel: 866-869-8600  
www.disabilitynetwork.org

Provides information, assistance and support to people of all ages with any type of disability including: learning, mental illness, emotional struggles, physical barriers and more. They help youth, adults, families, seniors, and veterans facing challenges due to their disabilities. They also work on a larger scale, helping governments, businesses and other organizations make changes that improve life to everyone in the community.

## Father Fred Foundation

826 Hastings  
Traverse City, MI 49684  
Tel: 231-947-2055

## Goodwill Industries of Northern Michigan, Inc.

2279 South Airport Road West

Traverse City, MI 49684  
Tel: 231-922-4805  
Volunteer Coordinator/ 231-995-7713

## Grow Benzie

Frankfort Hwy  
Benzonia, MI 49616  
Tel: 231-882-1324  
www.growbenzie.org

## Long Term Care Ombudsman

Area Agency on Aging NW MI  
1609 Park Drive  
Traverse City, MI 49686  
Tel: 231-947-2504

Volunteer Ombudsman empower and assist residents and families to resolve individual concerns receiving guidance from ombudsman staff.

## ECHO His Love

Tel: 231-723-6613

## Munson Healthcare Paul Oliver Memorial Hospital

224 Park Ave.  
Frankfort, MI 49635  
Tel. 231-352-2200

## Northwest Michigan Community Action Agency

3963 Three Mile Rd.  
Traverse City, MI 49686  
Tel: 800-632-7334 or 231-947-3780  
www.nmcaa.net

## United Way

521 South Union St  
Traverse City, MI 49684  
Tel: 231-947-3200  
www.unitedwaynwmi.org

## **Section 13:**

### **Media Fax Numbers/Other Important Numbers**

#### **Fax Numbers**

T.C. Record-Eagle:	231-946-8632
WTCM:	231-929-3988
T.V. 9 & 10:	231-775-3671
T.V. 7 & 4:	231-947-0354
98.1 The Bear:	231-627-7002
Manistee News Advocate:	231-723-4733
Benzie Co. Record-Patriot:	231-352-7874

#### **Other Important Numbers**

##### **211**

Call 211 from any landline to connect with local resources.  
From a cell phone, call 800-887-1107 or text your zip code to  
898211 or on-line: [www.hwmuw.org/211](http://www.hwmuw.org/211)

##### **Benzie County Community Chest**

PO Box 713  
Beulah, MI 49617  
Tel: 231-882-0223  
Email: [benziecommunitychest@gmail.org](mailto:benziecommunitychest@gmail.org)  
[www.benziecountycommunitychest.org](http://www.benziecountycommunitychest.org)

Raises funds and provides grants to 501c3 human service  
support agencies.

##### **County of Benzie Government Center**

448 Court Place  
Beulah, MI 49617  
231-882-9671  
[www.benzieco.org](http://www.benzieco.org)