**FAMILY OUTCOMES TOOL (Sent to Families via Learning Genie)**   
***We must survey families twice per year to determine if we are making positive differences for your family. There are no “right answers.” Your responses help us celebrate family strengths and consider ways to support family routines. Thank you for your honest responses!***

*HPPS 1320.50, 1302.51*

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|  |  | **FALL**  **Fall Date: \_\_\_\_\_\_\_\_\_\_\_\_** | | | | | **SPRING**  **Spring Date: \_\_\_\_\_\_\_\_\_\_\_\_** | | | | |
| ***Number of days***  ***per week that you get to…*** | | **0 Days** | **1-2 Days** | **3-4 Days** | **5-6 Days** | **7 Days** | **0 Days** | **1-2 Days** | **3-4 Days** | **5-6 Days** | **7 Days** |
| Scale for Child Plus | | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 |
| 1. | Talk with your child in “serve & return” style.  Serve & return style means child and adult talk, taking turns back and forth to build on each other’s words/sounds/ideas to build communication skills, positive self-esteem, and relationships. |  |  |  |  |  |  |  |  |  |  |
| 2. | Listen to your child’s ideas during playtime and offer ideas to expand their play. (Playtime together without distractions). |  |  |  |  |  |  |  |  |  |  |
| 3. | Sing to and with your child. |  |  |  |  |  |  |  |  |  |  |
| 4. | Read with your child. |  |  |  |  |  |  |  |  |  |  |
| 5. | Help your child notice and play with words and sounds (such as pointing out beginning sounds of words & using rhyming words to build language and reading skills). |  |  |  |  |  |  |  |  |  |  |
| 6. | Support your child’s age-appropriate self-help skills (making choices, eating, dressing, toileting, chores, etc). |  |  |  |  |  |  |  |  |  |  |
| 7. | Have a nap time and/or bedtime routine with child in bed around the same time nightly. |  |  |  |  |  |  |  |  |  |  |
| 8. | Help your child receive the age-recommended sleep in 24 hours (including naps)  **0-4 months**: Sleeps short 1–2-hour periods, sometimes longer; with the total hours of sleep for daytime: 8-9 and nighttime: 8  **4-12 months:** Sleeps 12-16 hours  **1-2 years:** Sleeps 11-14 hours  **3-5 years:** Sleeps 10-13 hours |  |  |  |  |  |  |  |  |  |  |
| 9. | Help brush your child's teeth twice a day. |  |  |  |  |  |  |  |  |  |  |
| 10. | Eat meals with your child. |  |  |  |  |  |  |  |  |  |  |
| 11. | Do physical activities with your child? (Such as dancing or throwing a ball) |  |  |  |  |  |  |  |  |  |  |
| 12. | Practice self-care (things you enjoy or calm you) for your resilience. Resilience is the ability to manage tough experiences positively to bounce back easier. |  |  |  |  |  |  |  |  |  |  |
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| **Confidence Level** | | **Calm** | **Mostly**  **Calm** | Slightly  Frustrated | Frustrated | **Over-Whelmed** | **Calm** | **Mostly**  **Calm** | Slightly  Frustrated | Frustrated | **Over-Whelmed** |
| Confidence Scale | | 5 | 4 | 3 | 2 | 1 | 5 | 4 | 3 | 2 | 1 |
| 13. | What is your confidence in responding calmly to your child(ren) with challenging behaviors? |  |  |  |  |  |  |  |  |  |  |

**Teacher: Site: Child First/Last Name:**