**FAMILY OUTCOMES TOOL**  
***Our program is required to survey families twice each year to determine if we are making positive impacts in our supports to you. Our goal is not expecting perfect but growing together during the year. Your responses will help us recognize family strengths, and consider ways to support you through conversations, parent resources, and/or workshops, any family goals of interest.  Thank you for your honest responses!***  
*HPPS 1320.50, 1302.51*

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|  |  | **FALL**  **Fall Date: \_\_\_\_\_\_\_\_\_\_\_\_** | | | | | **SPRING**  **Spring Date: \_\_\_\_\_\_\_\_\_\_\_\_** | | | | |
| **Number of days**  **per week that you...** | | **0 Days** | **1-2 Days** | **3-4 Days** | **5-6 Days** | **7 Days** | **0 Days** | **1-2 Days** | **3-4 Days** | **5-6 Days** | **7 Days** |
| Scale for Child Plus | | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 |
| 1. | Talk with your child throughout their day in “serve and return” style to build communication skills, positive self-esteem, and relationships. Serve and return means: Child “Serves” (asks or tells something) and adult “Returns” (responds) to child. |  |  |  |  |  |  |  |  |  |  |
| 2. | Listen to your child’s ideas during playtime and offer ideas to expand their play. (This is focused playtime without other activities). |  |  |  |  |  |  |  |  |  |  |
| 3. | Sing to and with your child. |  |  |  |  |  |  |  |  |  |  |
| 4. | Read with your child. |  |  |  |  |  |  |  |  |  |  |
| 5. | Help your child notice & listen to sounds during daily interactions through playing with language by pointing out beginning sounds of words & using rhyming words to help build language and reading skills. |  |  |  |  |  |  |  |  |  |  |
| 6. | Support your child’s age-appropriate independent skills (i.e. choices, eating, dressing, toileting, chores, etc). |  |  |  |  |  |  |  |  |  |  |
| 7. | Have a nap time and/or bedtime routine with child in bed about the same time nightly. |  |  |  |  |  |  |  |  |  |  |
| 8. | Days per week that your child receives the age-recommended sleep in 24 hours, (including nighttime and daytime sleep.)  **Age 0-4 months**: Sleeps short periods, approximately 1-2 hours, sometimes longer; with the total hours of sleep for daytime: 8-9 and nighttime: 8 hours.  **Age 4-12 months:** Sleeps 12-16 hours  **Age 1-2 years:** Sleeps 11-14 hours  **Age 3-5 years:** Sleeps 10-13 hours |  |  |  |  |  |  |  |  |  |  |
| 9. | Brush your child's teeth twice a day. |  |  |  |  |  |  |  |  |  |  |
| 10. | Eat meals with your child. |  |  |  |  |  |  |  |  |  |  |
| 11. | How many days per week do you participate in physical activities with your child? |  |  |  |  |  |  |  |  |  |  |
| 12. | Days per week you practice self-care (things you enjoy) for your resilience. Resilience is the ability to manage tough experiences positively to bounce back from them. |  |  |  |  |  |  |  |  |  |  |
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| **Confidence Level** | | **Calm** | **Mostly**  **Calm** | Slightly  Frustrated | Frustrated | **Over-Whelmed** | **Calm** | **Mostly**  **Calm** | Slightly  Frustrated | Frustrated | **Over-Whelmed** |
| Confidence Scale | | 5 | 4 | 3 | 2 | 1 | 5 | 4 | 3 | 2 | 1 |
| 13. | What is your confidence in responding calmly to child(ren) challenging behaviors? |  |  |  |  |  |  |  |  |  |  |

**Teacher: Site: Child:**