

<p>Title of Food Activity or Name of Recipe:</p>	<p>Explore a Mango and its parts. What Do I See? LL50</p>
<p>Description:</p>	<p>Give the children the opportunity to explore all parts of the mango. Bring the mango into the classroom as a whole and let the children take turns holding them. Cut the mango in half, exposing the pit and the flesh for eating. Name the parts as you cut: Skin, Pit, Flesh. Discuss how each part looks, feels, smells, sounds, and tastes.</p>
<p>Materials:</p>	<p>Several mangos, knife for cutting, bowl for the flesh, and serve ware to serve the children their samples.</p>
<p>Ingredients:</p>	<p>Mangos</p>
<p>Brief summary of cultural or tactile connection (include relevant GOLD objectives)</p>	<p>Gold Objectives: 8a, 2a, 2c, 9b, 10a, 11c Exploring the mango opens up opportunities to have rich conversations with descriptive words. Through conversations and hands-on exploration, the children will gain better knowledge about the mango. Having access to fresh and unordinary fruits broadens their ideas about what is available.</p>
<p>Outcome or Results:</p>	
<p>Future Considerations:</p>	

Use the Outcomes or Results and Future Considerations sections to record your experiences and thoughts.