 **October Home Activity Calendar**

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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  |  |  |
| **Show your child how to slither on the floor like a snake and then ask them to slither.****Obj. 2a, 4, 9a** | **Lay a paper towel tube at a slant, have your toddler roll a small ball through the tube and watch it come out the other end!****Obj. 2b, 11d, 12b** | **Plant a small indoor plant with your child and have them help you take care of it, by watering and putting the plant into sunlight.****Obj. 3a, 8a, 11d** | **Sing this song with hand motions: Open shut them, open shut them, give your hands a clap. Open shut them, open shut them lay them in your lap.****Obj. 2a, 5, 11a** | **Color two paper plate’s different colors and cut the paper plates in half. Help your child match each half of the paper plates with the coordinating color.****Obj. 7a, 8b, 11a** | **Expand your child’s vocabulary. If your child says “more” than you could say “you would like to have some more milk to drink.” This can also be done with coos, imitate and extend.****Obj. 3a ,8a, 9a** | **Enjoy some quiet time with your child. Sit in your living room or lay on the bed watching a ceiling fan spin around.****Obj. 1a, 2a, 11a** |
| **Help your child bounce a large ball by helping her hold it with both hands and bouncing it on the floor.****Obj. 2a, 5, 11c** | **Blow kisses to your baby and encourage her to imitate your actions.** **Obj. 2a, 8b, 10b** | **Tape a crayon to the back of a toy car and provide your child a piece of paper. The car will leave tracks as it is pushed across the piece of paper.****Obj. 11a & d, 19d** | **Have your child toss a small ball onto a hard floor. Along with your child count the number of times the ball bounces before stopping.****Obj. 6, 11d, 20a** | **Practice counting with your toddler. Count steps to your destination, count the length of time spent at a red light, count stairs climbed, etc.****Obj. 8a, 9b, 20a** | **Sing to your child… "See your arms go up and down, up and down, up and down. See your arms go up and down, just like me.” Sing similar lyrics for hands, legs, elbows, etc.****Obj. 2a, 8b, 5** | **Let your child play with a laundry basket. It makes a perfect fort, playpen,doll crib, or they can put toys in it and push it around.****Obj. 4, 5, 11d** |
| **Glue or staple pictures of family members to popsicle sticks to make a puppet. Act out familiar family roles with the puppets.****Obj. 2a, 12b, 14a** | **Color two paper plate’s different colors and cut the paper plates in half. Help your child match each half of the paper plates with the coordinating color.****Obj. 3b, 7a, 12a** | **Play music for your baby to move to the rhythm. Provide scarves or material scraps for your baby to shake.****Obj. 5, 6, 11d** | **Play peek-a-boo with toys by making a big show of hiding a toy under a blanket and then helping your child find it. This reinforces the concept of object permanence.****Obj. 10b, 11a, 12a** | **Place a mirror low on the wall or use a hand held mirror so your toddler can see themselves. Talk to them about their reflection and who they see.****Obj. 2a, 8a, 9a** | **Talk to your child constantly and map your actions with words. Explain to your child what you are doing during routines. “I am going to change your diaper now. “ “First I need to…”****Obj. 2a, 10b, 13** | **Teach the concept of size with rhyme. Hold your hands with them together as you say this simple rhyme with your child.” Big fish, Little fish.etc.”****Obj. 2a&b, 8a, 9a** |
| **Practice turning pages in a book.****Obj. 7a,17b 18a** | **Wrap a rubber band around three different colored crayons, give it to your child with a piece of paper.****Obj. 7a, 11a, 19b** | **Create a pillow crawl course. Place pillows and couch cushions on the floor for your toddler to explore.****Obj. 4, 5, 11b** | **Help your baby learn about basic colors by pointing out examples of colors as you talk to him.****Obj. 8a, 9a, 13** | **Take your child for a walk, count, trees, birds, houses. Use descriptive language to discuss surroundings.****Obj. 8a, 9a, 13** | **Place a laundry basket in front of your child and ask, "Can you sit INSIDE the basket?” "Can you sit OUTSIDE the basket?” "Can you sit NEXT to the basket?" Show your child how to sit UNDER the basket.****Obj. 2b, 4, 8a** | **Tell your child a story you know, or make one up.****Obj. 2a, 8a, 9d** |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

 a. Manages feelings a. Attends and engages a. Counts

 b. Follows limits and expectations b. Persists b. Quantifies

 c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

 a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

 b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

 c. Interacts with peers a. Recognizes and recalls b. Understands shapes

 d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

 a. Balances needs and rights of self and others a. Thinks symbolically

 b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

 a. Uses fingers and hands units of sounds physical properties of objects & materials

 b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

 a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

 a. Comprehends language b. Uses print concepts **Social Studies**

 b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

 a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

 b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

 c. Uses conventional grammar 19. Demonstrates emergent writing skills

 d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

 a. Engages in conversations 34. Explores musical concepts

 b. Uses social rules of language 35. Explores dance & movement concepts

 36. Explores drama through action & language

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| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_****Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_****\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.****Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |