 **May Home Activity Calendar**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **Early Head Start Center:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Child’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | |  |  |
| **Help your baby learn about colors by pointing out colors as you talk to him.**  **Obj. 8a, 10b, 11a** | **Crawling Obstacle Course- Have your child crawl over pillows placed on the floor to reach a toy.**  **Obj. 2a, 4, 11a** | **Plan a picnic with your baby. A soft blanket, delicious snacks and quiet time just the two of you!**  **Obj. 1c, 8a, 9d** | **Let your baby gaze at himself in the mirror for a while, satisfying his fascination with faces.**  **Obj. 1a, 2b, 5** | **Encourage your child to wave good-bye. It practices motor and social skills.**  **Obj. 1b, 2a, 3a** | **While in the tub, provide scoops and cups for your baby to play in the water.**  **Obj. 7a, 11a, 22** | **Dance with your baby. He may rock, or sway but he’ll learn about rhythm and self-expression.**  **Obj. 1a, 2b, 11a** |
| **Paint with your child using different objects from around the house. For ex. old toothbrush, bubble wrap on a lint brush, sponge, legos...**  **Obj. 2a, 11a, 14** | **Dance and Ribbon Play- Tape or tie a ribbon or crate paper to a paint stick or ruler. Dance to music while moving the ribbon in the air, make figure eight motions, and move back and forth…**  **Obj. 2a, 4, 11a** | **Fill a container (box, jar) with items that have a distinctive feel; like a plush dog, a plastic fish, a rubber ball... As your baby enjoys pulling out each object, talk about what she’s touching: “This dog is so soft!”“Does this fish feel hard/smooth?**  **Obj. 1b, 2a, 7a** | **Pamper your baby with a head massage when she’s in a quiet mood. Gently stroke her face along the bridge of her nose, then across her brows to her temples. Next stroke from her nose to her cheeks. Finish with her ears and the back of her head.**  **Obj. 1a&c, 2a, 30** | **Use an empty soda bottle to create a discovery bottle. Add water/food coloring or oil/water and allow your baby to hold the bottle and make the liquid move. Tape the lid in place to prevent the bottle from being opened.**  **Obj. 1a, 7a, 11a** | **Letter Scavenger Hunt- Using the pieces from an alphabet puzzle or letters written on paper, hide them throughout the house for your child to find and put in a bucket or on the puzzle board.**  **Obj .2a, 4, 11a** | **Talk to your child about ongoing events, but don’t forget to include descriptions of past events to help teach rich use of language.**  **Obj. 1a, 8a, 9a** |
| **Blow bubbles for your baby and encourage her to reach out and pop the bubbles.**  **This will help increase hand/eye coordination.**  **Obj. 2a, 4, 7a** | **Indoor Bowling- Have empty plastic containers (pop/water bottles) standing up like bowling pins and have the children roll a ball at the pins to knock them down.**  **Obj. 2a, 4, 11a** | **A Toy Surprise- Loosely wrap a few of her favorite toys in paper. Your child can wrinkle and rip the paper to find the toys.**  **Obj. 7a, 10b, 11a** | **Take a walk outside with your baby. Stop often to talk about the sights and to let her touch objects, listen to the sounds and enjoy spending time with you.**  **Obj. 8a, 9d, 11a** | **Holding a baby releases calming hormones in both parent and child. Hold your baby often to help calm you both and to promote greater attachment.**  **Obj. 1a, 2a, 29** | **Provide a variety of materials for your baby to explore in the tub that sink or float. As you place the item in the water, say “it sinks” or “it floats”.**  **Obj. 7a, 11c, 13** | **Encourage your baby to sing. He may just gurgle or shout but it’s really music he’s learning about.**  **Obj. 8a, 9a, 11b** |
| **Hopscotch - Write letters and numbers, then say the name of the object as you jump in the box.**  **Obj. 4, 5, 8a, 9a** | **Take turns with your child throwing a ball and count how many steps it takes to reach the ball.**  **Obj. 2a, 4, 20a** | **Dance with your child.**  **They may rock, or sway, as they learn about rhythm and self-expression.**  **Obj.1a, 2b, 5** | **Play clapping and hand games such as peek-a-boo and pat-a-cake. Big sister or brother can help with this activity too!**  **Obj. 1a, 2a, 3a** | **Using kitchen measuring cups show your child how to nest the measuring cups inside of one another. Allow them to explore.**  **Obj .11a, 21, 22** | **Enjoy some quiet time with your child. Sit in your living room or lay on the bed watching a ceiling fan spin around.**  **Obj. 1a, 2a, 11a** | **Give a mini-massage. Spend a few minutes lightly stroking your baby from shoulder to wrist, thigh to foot, chest to tummy.**  **Obj. 1a, 1c, 2a** |

**Educational Home Activity GOLD Objectives**

**Social Emotional Cognitive Mathematics**

1. Regulates own emotional and behaviors 11. Demonstrates positive approaches to learning 20. Uses number concepts & operations

a. Manages feelings a. Attends and engages a. Counts

b. Follows limits and expectations b. Persists b. Quantifies

c. Takes care of own needs appropriately c. Solves problems c. Connects numerals with their quantities

2. Establishes & sustains positive relationships d. Shows curiosity and motivation 21. Explores & describes spatial

a. Forms relationships with adults e. Shows flexibility & inventiveness in thinking relationships & shapes

b. Responds to emotional cues 12. Remembers and connects experiences a. Understands spatial relationships

c. Interacts with peers a. Recognizes and recalls b. Understands shapes

d. Makes friends b. Makes connections 22. Compares and measures

3. Participates cooperatively and constructively 13. Uses classification skills 23. Demonstrates knowledge of patterns

In group situations 14. Uses symbols and images to represent something not present

a. Balances needs and rights of self and others a. Thinks symbolically

b. Solves social problems b. Engages in sociodramatic play

**Physical Literacy Science & Technology**

4. Demonstrates traveling skills 15. Demonstrates phonological awareness 24. Uses scientific inquiry skills

5. Demonstrates balancing skills a. Notices and discriminates rhymes 25. Demonstrates knowledge of the

6. Demonstrates gross motor manipulative skills b. Notices and discriminates alliteration characteristics of living things

7. Demonstrates fine motor strength & coordination c. Notices and discriminates smaller and smaller 26. Demonstrates knowledge of the

a. Uses fingers and hands units of sounds physical properties of objects & materials

b. Uses writing and drawing tools 16. Demonstrates knowledge of the alphabet 27. Demonstrates knowledge of Earth’s

a. Identifies and names letters environment

**Language** b. Uses letter-sound knowledge 28. Uses tools and other technology to

8. Listens to and understand increasingly 17. Demonstrates knowledge of print and its uses perform tasks

Complex language a. Uses and appreciates books

a. Comprehends language b. Uses print concepts **Social Studies**

b. Follows directions 18. Comprehends and responds to books and other texts 29. Demonstrates knowledge about self

9. Uses language to express thoughts and needs a. Interacts during read alouds and book conversations 30. Shows basic understanding of people

a. Uses an expanding expressive vocabulary b. Uses emergent reading skills 31. Explores changes related to people

b. Speaks clearly c. Retells stories 32. Demonstrates geographic knowledge

c. Uses conventional grammar 19. Demonstrates emergent writing skills

d. Tells about another time or place a. Writes name **The Arts**

10. Uses appropriate conversational & other communication skills b. Writes to convey meaning 33. Explores the visual arts

a. Engages in conversations 34. Explores musical concepts

b. Uses social rules of language 35. Explores dance & movement concepts

36. Explores drama through action & language

|  |
| --- |
| **Please record the total amount of time spent doing the above activities:\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_**  **\*By signing I am verifying I completed the stated activities with my child for the amount of time indicated.**  **Teacher Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_** |