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| At least one Whole Grain must be served each day. Other grains must be enriched. |
|  **Brown Rice** |
| Any brandRegular, instant and boil-in-bag | Plain, dry brown rice without added herbs, seasonings or beans |
| **Pasta WG/WW only** Any shape such as elbows, penne rotini, spaghetti and spirals |
| Barilla WGDelallo Organic WWEssential Everyday WW Great Value WW Hodgson Mill WW & WGOur Family WWRonzoni Healthy Harvest WG | Meijer: Naturals WW  Organics WW  Select Italian WWShurfine WWSimple Truth WW Spartan WW |
| **Breads** |
| Aunt Millie’s: Healthy Goodness WG White Swirl WG Raisin with Cinnamon  Swirl WG Cinnamon, No Raisins,  Healthy Goodness 100% WWBimbo: 100% WWBunny: 100% WWFamily Choice: 100% WWHearth Oven Baker: 100% WWMeijer: WG White  100% WWNickles: Country Style 100% WWOur Family: 100% WWRoman Meal Sungrain: 100% WW | Sarah Lee: 100% WWPepperidge Farm: Jewish Rye WG Rye Seeded, Light Style Soft Wheat Stone Ground 100% WW  Swirl 100% WW CinnRaisin  Very Thin Sliced Soft 100%WW Shurfresh: 100% WWSoft and Good: 100% WWSpartan: 100% WW  WG White Sterns Kosher: 100% WWSunbeam: 100% WWVillage Hearth: 100% WW  |
|  **Buns** |
| Brownberry: 100% WW Hamburger and Hot Dog RollsHealthy Life: 100% WW Sandwich Buns and Hot Dog Buns | Hearth Oven Bakers: 100% WW Hamburger and Hot Dog Buns |
| **Tortillas** |
| Chi Chi’s WW Fajita StyleDon Marcos White Corn Great Value WW FlourHacienda Corn Maiz and WW FlourLa Banderita: WW Fajita WW Soft Taco  Corn Meijer Soft Taco WW  | Mission: Yellow Corn Extra Thin WW WW Fajita StyleOrtega WWShurFine White Corn  WW Fajita StyleSpartan WW Fajita StyleTio Santi WWTortillas Tita: Corn and Enchilada Style |
| Note: Tortilla chips must also meet Whole Grain Rich (WGR) requirements if used for the Whole Grain for the day. If not WGR they must be made with enriched ingredients in order to be a reimbursable component. | Send bag with Nutrition Information and Ingredients (with Brand name) for analysis to programsupport@nmcaa.net  |

7/23 EHS-HSTeams\USDA\All2023-2024\MenusAndMenuAids/acceptable whole grain choices