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| At least one Whole Grain must be served each day. Other grains must be enriched. | |
| **Brown Rice** | |
| Any brand  Regular, instant and boil-in-bag | Plain, dry brown rice without added herbs, seasonings or beans |
| **Pasta WG/WW only**  Any shape such as elbows, penne rotini, spaghetti and spirals | |
| Barilla WG  Delallo Organic WW  Essential Everyday WW  Great Value WW  Hodgson Mill WW & WG  Our Family WW  Ronzoni Healthy Harvest WG | Meijer: Naturals WW  Organics WW  Select Italian WW  Shurfine WW  Simple Truth WW  Spartan WW |
| **Breads** | |
| Aunt Millie’s: Healthy Goodness WG White  Swirl WG Raisin with Cinnamon  Swirl WG Cinnamon, No Raisins,  Healthy Goodness 100% WW  Bimbo: 100% WW  Bunny: 100% WW  Family Choice: 100% WW  Hearth Oven Baker: 100% WW  Meijer: WG White  100% WW  Nickles: Country Style 100% WW  Our Family: 100% WW  Roman Meal Sungrain: 100% WW | Sarah Lee: 100% WW  Pepperidge Farm: Jewish Rye WG Rye Seeded,  Light Style Soft Wheat  Stone Ground 100% WW  Swirl 100% WW CinnRaisin  Very Thin Sliced Soft 100%WW  Shurfresh: 100% WW  Soft and Good: 100% WW  Spartan: 100% WW  WG White  Sterns Kosher: 100% WW  Sunbeam: 100% WW  Village Hearth: 100% WW |
| **Buns** | |
| Brownberry: 100% WW Hamburger and Hot Dog Rolls  Healthy Life: 100% WW Sandwich Buns and Hot Dog Buns | Hearth Oven Bakers: 100% WW Hamburger and Hot Dog Buns |
| **Tortillas** | |
| Chi Chi’s WW Fajita Style  Don Marcos White Corn  Great Value WW Flour  Hacienda Corn Maiz and WW Flour  La Banderita: WW Fajita  WW Soft Taco  Corn  Meijer Soft Taco WW | Mission: Yellow Corn Extra Thin  WW  WW Fajita Style  Ortega WW  ShurFine White Corn  WW Fajita Style  Spartan WW Fajita Style  Tio Santi WW  Tortillas Tita: Corn and Enchilada Style |
| Note: Tortilla chips must also meet Whole Grain Rich (WGR) requirements if used for the Whole Grain for the day.  If not WGR they must be made with enriched ingredients in order to be a reimbursable component. | Send bag with Nutrition Information and Ingredients (with Brand name) for analysis to [programsupport@nmcaa.net](mailto:programsupport@nmcaa.net) |

7/23 EHS-HSTeams\USDA\All2023-2024\MenusAndMenuAids/acceptable whole grain choices